

Poco Loco Easy

拍數: 48 牆數: 4 級數: Beginner +
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音樂: Suave - Alvaro Estrella : (iTunes)



Intro: 16 counts.

S1. Walk, Walk, Shuffle Fwd. Fwd. Rock ¼ Turn (L) Side Chasse.

1-2 Walk fwd. on right, Walk fwd. on left.
3&4 Step fwd. on right, step left next to right, step fwd. on right.
5-6 Rock fwd. on left, Recover on right
7&8 Turn ¼ left, step left to left, step right together, step left to left. (9:00)

***On 3 wall – A small Step change and restart. Dance the first 6 counts, instead of ¼ turn and chasse. Do a left Coaster step. And restart the dance (6:00).**

S2. R+L Samba step, Jazzbox, Step fwd.

1&2 Cross right over Left, Step left to left side, Step right diagonally fwd.
3&4 Cross left over right, Step right to right side, Step left diagonally Fwd.
5-8 Cross right over left, step back on left, step right to right, step fwd. on left. (9:00)

S3. (R) Diagonal Rock, Shuffle Fwd. (L) Diagonal Rock, Shuffle Fwd.

1-2 Rock diagonal Fwd. on right, recover on left
3&4 Step (R) diagonal fwd. on right, step left beside right, step fwd. on right
5-6 Rock diagonally fwd. on left, Recover on right.
7&8 Step (L) diagonal fwd. on left, step right beside left, step fwd. on left. (9:00)

S4. Cross, ¼, ¼, Step Fwd. Jump Fwd. Clap. Jump Back, Clap.

1-2 Cross right over left, Turn ¼ right, by stepping back on left (12:00)
3-4 Turn ¼ right, by stepping fwd. on right (3:00). Step Fwd. on left.
&5-6 Jump fwd. on right, step left together (Weights on left), Clap your hand.
&7-8 Jump back on right, Step left together (weights on left). Clap your hand. (3:00)

(An easier option: 5-6 (R) Fwd. left touch. 7-8 (L) Back, Right touch.)

S5. (R) Rock Step. (R) Coasterstep. (L) Rock Step. (L). Coasterstep.

1-2 Rock Fwd. on right, Recover on left
3&4 Step back on right, step left next to right, Step fwd. on right.
5-6 Rock Fwd. on left, Recover on right.
7&8 Step back on left, step right next to left, Step Fwd. on left. (3:00)

S6. Step Pivot ½ Turn Left, Shuffle Fwd. Step Pivot ½ Right, Shuffle Fwd.

1-2 Step Fwd. on right, turn ½ left,
3&4 Step fwd. on right, step left next to right, step fwd. on right.
5-6 Step fwd. on left, Turn ½ right,
7&8 Step fwd. on Left, step right next to left, step fwd. on left. (3:00).

Have a Great Summer

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