

Flip a Quarter

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Janet Kearney (USA) - April 2022
音樂: She Had Me At Heads Carolina - Cole Swindell : (iTunes and Amazon Music)



Intro: 16 counts - NO TAGS OR RESTARTS

(1 – 8) WALK FWD 3Xs, KICK LEFT, WALK BACK 3Xs, TOUCH RIGHT

1 – 4 Walk forward R – L – R, Kick L forward
5 – 8 Walk back L – R – L, Touch R next to L

(9 – 16) STEP FWD TOUCH, ¼ TURN LEFT TOUCH, STEP FWD TOUCH, ¼ TURN LEFT TOUCH

1 – 2 Step R forward, Touch L next to R
3 – 4 ¼ turn to L while stepping on L (9:00), Touch R next to L
5 – 6 Step R forward, Touch L next to R
7 – 8 ¼ turn to L while stepping on L (6:00), Touch R next to L

(17 – 24) GRAPEVINE RIGHT, GRAPEVINE LEFT*

1 – 4 Step R to right, Step L behind R, Step R to right, Touch L next to R
5 – 8 Step L to left, Step R behind L, Step L to left, Touch R next to L

(25 – 32) ROCKING CHAIR, 2 PIVOT ½ TURNS TO LEFT*

1 – 4 Rock R forward, Step center on L, Rock R back, Step center on L
5 – 6 Step R forward, Pivot 1/2 turn to L (12:00)
7 – 8 Step R forward, Pivot 1/2 turn to L (6:00)

Repeat and smile!

***Styling options include: grapevines can be rolling vines and the 2 pivot ½ turns can be another rocking chair for those who do not wish to turn!**

LiveLoveLaughLineDance
IG @barndancerj : barndancerj@gmail.com