

# Middle of the Night

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Ruth Hughes (UK) - April 2022  
音樂: Back To The Future - Bastille



## Right sailor behind, left sailor turning $\frac{1}{4}$ , rocking chair, rumba box $\frac{1}{4}$ turn

- 1&2      Step right foot behind left foot, rock left foot out, step right foot to right side
- 3&4      Step left foot behind right foot, rock right foot out, step left foot to left side turning  $\frac{1}{4}$  over left
- 5&6      Rock right foot forward, recover onto left foot, rock back on right foot, recover on left
- 7      Step forward on right foot turning  $\frac{1}{4}$  over left shoulder bringing left foot beside right
- 8      Step back on right foot

## Side together, cha cha step, cross rock, out rock, cross rock, out

- 1      Step left foot to left side
- 2      Close right foot beside left
- 3&4      Step left foot to left side, close right foot beside, stepping left foot to left side
- 5&      Rock right foot crossing over left foot, recover weight back on left foot
- 6&      Rock right foot to right side, recover onto left foot
- 7&      Rock right foot crossing over left foot, recover weight back on left foot
- 8      Step right foot to right side

## Coaster step left, scuff and hitch turning $\frac{1}{4}$ , step, grape vine, sweep, grape vine

- 1&2      Step back on left foot, bringing right foot beside, step forward on left foot
- 3      Scuff right heel into a hitch turning  $\frac{1}{4}$  over left shoulder
- 4      Step down on right foot
- 5&6      Step left foot behind right foot, step right foot to side, cross left foot over right, sweep right foot over left
- 7&8      Step right foot over left foot, step left foot to side, step right foot behind left

## Back rock, 2x walks, step pivot $\frac{1}{2}$ , $\frac{1}{2}$ turn, step

- 1&2      Rock left foot back, recover weight back on to right foot
- 3      Step forward with left foot
- 4      Step forward with right foot
- 5&6      Step forward with left foot, pivot  $\frac{1}{2}$  over right shoulder, recover weight to right foot
- 7       $\frac{1}{2}$  over right shoulder to complete full turn, step back on left foot
- 8      Step right foot back

## Lock step, out out, hold, lock step, out out, hold

- 1&2      Step left foot back, cross right foot over left, step left foot back
- 3,4&      Step right foot out, step left foot out and hold
- 5&6      Step right foot back, cross left foot over left, step right foot back
- 7,8&      Step left foot out, step right foot out and hold

## Left figure of 8 grapevine, recover

- 1      Step left foot to left side
- 2      Step right foot behind left
- 3       $\frac{1}{4}$  turn stepping left foot forward
- 4      Step right foot forward
- 5      Pivot  $\frac{1}{2}$  turn to left
- 6       $\frac{1}{4}$  turn left stepping right to right side
- 7      Step left behind right
- 8&      Rock right foot over, recover weight on to left foot

