

Father and Son

拍數: 32 牆數: 2 級數: Easy Intermediate
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音樂: Father and Son - Ronan Keating & Yusuf



Intro: 8 count intro, starts on the work "Time"

Section 1: BACK, BEHIND, ¼, FWD, RECOVER, ½, ¼ SIDE, BEHIND, SIDE, CROSS, CROSS

1, 2& Step R back-sweep L back, step L behind R, ¼ R step on R
3, 4& Rock L fwd, recover weight R, ½ L step on L
5, 6& ¼ L step R to R, step L behind R, step R to R
7, 8 Cross step L over R-sweep R fwd, cross step R over L (Raising L heel off floor)

Section 2: BACK SWEEP X3, SAILOR DRAG, BEHIND, ¼, ½ HOOK, CROSS STEP

1, 2, 3 Step L back-sweep R back, step R back-sweep L back, step L back-sweep R back
4&5 Step R behind L, step L out, large step R to R-drag L
6& Step L behind R, ¼ R step R slightly fwd
7, 8 ½ R step L back-hook R to L, cross step R over L

Section 3: CROSS STEP, LOCK SHUFFLE, CROSS, SIDE, BACK, RECOVER, ¼, ½, ¼ SCISSOR

1, 2&3 Cross step L fwd over R, step R fwd, lock L behind R, step R fwd-sweep L fwd
4&5 Cross L over R, step R to R, rock L behind R
6&7 Recover weight R, ¼ R step L back, ½ R step R fwd
8&1 ¼ R step L to L, step R together, cross L over R

Section 4: ¼ BACK LOCK SHUFFLE, ¼ SIDE, CROSS, RECOVER, ¼, PIVOT ½, TOGETHER

2&3 ¼ L step R back, cross L over R, step R back-drag L together
4 ¼ L step L to L
5, 6& Cross R over L, recover weight L, ¼ R step on R
7, 8& Step L fwd, ½ R taking weight R, step L together

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Tags: All tags happen at front wall

End of wall 2 – 5 counts

1 Step R back
2, 3& Step L back-Sweep R back, step R behind L, ¼ L step on L,
4, 5 Step R fwd, ¼ L taking weight L

End of Wall 3 & 4 – 11 counts

1, 2& Step R back-sweep L back, step L behind R, ¼ R step on R
3, 4& Rock L fwd, recover weight R, ¼ L step on L
1, 2, 3 Step fwd R, step L fwd, step R fwd
1, 2& Step L back-Sweep R back, step R behind L, ¼ L step on L,
3, 4 Step R fwd, ¼ L taking weight L

Finish: Dance to count 5 on the last wall-drag L together

Official Teach and Demo can be found at <https://www.youtube.com/user/MrJbtalbot>
or by visiting my website www.jbtalbot.com

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