Tian Xia De Mama Dou Shi Yi Yang De

(天下的妈妈都是一样的)



拍數: 96 牆數: 2 級數: Phrased Improver

編舞者: Alice Heng (MY) & Winnie Soh (MY) - April 2022

音樂: Tian Xia De Mama Dou Shi Yi Yang De (天下的妈妈都是一样的) - Han Bao Yi (韩

宝仪)



Dance starts after 32 counts

Sequence: Intro dance/ B / Hold 4c (post) AAC / AAB / AAB / Ending dance Intro dance is also use for ending dance (twice)

INTRO DANCE (16 counts) SEC 1..STEP KICK R/L, R/L

1 - 4
Step RF to R, LF diagonal Kick to R, step LF to L, RF diagonal kick to L
5 - 8
step RF to R, LF diagonal kick to R, step LF to L, RF diagonal kick to L

SEC 2.. SIDE TOGETHER SIDE TOUCH R/L

1 - 4 step RF to R, LF next to RF, to R, LF next to RF touch

5 - 8 step LF to L, RF next to LF, step LF to L, RF next to LF touch

Part A (32 counts)

SEC 1..BACK ROCK RECOVER FORWARD SHUFFLE, SIDE ROCK RECOVER CROSS TOUCH

1, 2, 3 & 4 RF back rock recover LF, RF forward shuffle R-L-R

5 - 8 LF side rock recover RF, LF cross to RF step RF touch next to LF

SEC 2..BACK KICK R/L, BACK, BACK, BACK ROCK RECOVER

1 - 4 RF walk back kick LF diagonal R LF walk back kick RF diagonal L

5 - 8 RF walk back, LF walk back, RF back rock recover LF

SEC 3..LINDY STEP. WEAVE L BRUSH

1, 2, 3 & 4 step RF to R, LF next to RF, step RF to R, LF cross rock behind RF recover RF

5 - 8 step LF to L, RF cross behind LF, Step LF to L, RF brush

SEC 4..FORWARD STEP TOUCH, 1/4 TURN STEP TOUCH, FORWARD STEP TOUCH, 1/4 TURN STEP TOUCH

1 - 4 RF forward step LF next to RF touch, 1/4 turn L step LF to L RF next to LF touch
5 - 8 RF forward step LF next to RF Touch, 1/4 turn L step LF to L, RF next to LF touch

PART B (32 counts)

SEC 1..STEP TOUCH, SIDE SHUFFLE, JAZBOX 1/4 TURN R

1, 2, 3 & 4 step RF to R, LF next to RF touch step LF to L, RF next to LF, step LF to L cross RF to LF, LF step to L,1/4 turn R step RF to R, forward step LF

SEC 2..FORWARD RECOVER, 1/2 TURN R BACK SHUFFLE R-L-R, SIDE ROCK 1/4 TURN R, 2 STEP

1, 2, 3 & 4 step RF forward, LF recover, back step RF 1/2 turn R, LF next to RF, RF step to R

5 - 8 LF side rock L, recover RF, LF cross RF, step RF to R

SEC 3..STEP TOUCH, SIDE SHUFFLE, JAXBOX 1/4 TURN L

1, 2, 3 & 4 step LF to L, RF next to LF touch, step RF to R, LF next to RF, step RF to R

5 - 8 cross LF to RF, RF step back, ¼ LF to L, forward step RF

SEC 4..FORWARD RECOVER, 1/2 TURN L, BACK SHUFFLE L-R-L, SIDE ROCK 1/4 TURN L, 2 STEP

1, 2, 3 & 4 step LF forward, recover RF, LF Back step 1/2 turn, RF next to LF, LF step to L 5 - 8 RF side rock R, recover LF, RF cross to LF, step LF to L

PART C (32 counts)

SEC 1..FORWARD SHUFFLE R/L, PIVOT 1/4 TURN CROSS 2 STEP

1 & 2, 3 & 4 forward RF, LF next to RF, forward RF, forward LF, RF next LF, forward LF

5 - 8 forward RF, 1/4 turn L, cross RF to LF, step LF to L

SEC 2..BEHIND SIDE CROSS, RECOVER, BACK, MONTEREY 1/4 TURN

1 - 4 cross RF behind LF, step LF to L, cross RF to LF, recover LF

5 - 8 step RF next to LF, LF point out to L step LF next to RF, 1/4 turn L, point out RF to R

SECTIONS 3 & 4 (REPEAT SECTIONS 1 & 2)

ENDING DANCE (32 counts)
SECTION 1-4 (REPEAT INTRODANCE TWICE)

Have fun and happy dancing

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