

# Dancing la Vida Loca

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: K. Sholes (USA) - April 2022  
音樂: Livin' la Vida Loca - Ricky Martin



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## Section #1: Cross rock, Recover, Step, Hold X2

1-4      Cross R over L, Recover L, Step R next to L, Hold  
5-8      Cross L over R, Recover R, Step L next to R, Hold.

## Section #2: Step, Together, Step, Hold X2 (rolling hips)

1-4      Step R to side, Step L next to R, Step R to side, Hold,  
5-8      Step L to side, Step R next to L, Step L to side, Hold.

## Section #3: 1/8 Hip roll X2, Hip bumps (X4)

1-4      Step R forward, Pivot 1/8 left, Step R forward, Pivot 1/8 left,  
5-8      Roll hips RLRL.

## Section #4: Mambo X2

1-4      Rock R forward, Recover L, Step R next to L, Hold,  
5-8      Rock L back, Recover R, Step L next to R, Hold.

**Begin Again! Enjoy!**

**Restarts: Walls #2 #6 #11 #17**

**Tags: Walls #4 #9 #13...1-8 (with arms overhead) Bump R hip 8 counts.**

**Last Update - 26 Apr 2022**

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