No Easy Way (P)

拍數: 64

級數: Partner

編舞者: Chester & Jac (UK) - April 2022

音樂: No Easy Way To You - Matt Castillo

Restart During 2nd repetition after count 56

Start in Closed Western Man facing LOD - Opposite footwork unless noted.

牆數: 0

24 count Intro

FORWARD TOUCH, CHASSE, ROCK RECOVER, SHUFFLE

- 1-4 Man: Step forward on Lt. Touch Rt next to Lt. Chasse Rt. RLR Lady: Step back on Rt. Touch Lt next to Rt. Chasse Lt. LRL
- 5-8 Man: Rock back on Lt. recover on Rt .shuffle forward LRL
 - Lady Rock forward on Rt, recover on Lt, shuffle back RLR

FORWARD TOUCH, CHASSE, ROCK RECOVER, SHUFFLE

- Man: Step forward on Rt. Touch Lt next to Rt. Chasse Lt. LRL 9-12
 - Lady: Step back on Lt. Touch Rt next to Lt. Chasse Rt. RLR
- 13-16 Man Rock back on Rt, recover on Lt, shuffle forward RLR
 - Lady: Rock forward on Lt, recover on Rt, shuffle back LRL

VINE, TOUCH, VINE, TOUCH - (LADY ROLLING VINES)

17-20 Man: Step Lt to side, Rt behind, Lt to side, Touch Rt next to Lt Lady: Full turn Rt. Stepping RLR Touch Lt (Turning under Mans raised Lt arm) 21-24 Man: Step Rt to side, Lt behind, Rt to side, Touch Lt next to Rt Lady: Full turn Lt. Stepping LRL Touch Rt (Turning under Ladys raised Rt arm)

ROCK RECOVER, SHUFFLE ,(LADY 1/2 PIVOT, SHUFFLE) ROCK RECOVER, COASTER STEP

- 25-28 Man: Rock back on Lt, recover on Rt, Shuffle forward LRL LOD Lady: Step forward Rt, Pivot 1/2 turn Lt Shuffle forward RLR (Turning under Mans raised Rt arm) LOD
- Man: Rock forward on Rt, recover on Lt, Step Rt back, Lt together, Rt forward 29-32 Lady: Rock forward on Lt, recover on Rt, Step Lt back, Rt together, Lt forward

Inside hand hold

TURN 1/8, TOUCH, SHUFFLE. TURN 1/8, TOUCH, SHUFFLE

- 33-36 Man: Step turning 1/8 Lt. Touch Rt . Shuffle forward RLR. LOD Lady: Step turning 1/8 Rt. Touch Lt . Shuffle forward LRL.
- Man: Step turning 1/8 Lt. Touch Rt . Shuffle forward RLR 37-40 Lady: Step turning 1/8 Rt. Touch Lt . Shuffle forward LRL.

1/2 TURN, STEP BACK, SHUFFLE BACK, 1/2 TURN, STEP FORWARD, SHUFFLE

- 41-44 Man: 1/2 Turn Rt stepping back on Lt. Step back on Rt. Shuffle Back LRL RLOD Lady: 1/2 Turn Lt stepping back on Rt. Step back on Lt. Shuffle Back RLR RLOD
- 45-48 Man: 1/2 turn Lt stepping back on Rt Shuffle forward RLR LOD
 - Lady: Full turn stepping Lt Rt . Shuffle Back LRL RLOD

Count 41 Release inside hands for the 1/2 turn, reioin on shuffle

Count 45 Lady turns under Mans Lt into Double hand

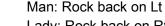
ROCK BACK RECOVER Stepping apart SHUFFLE 1/4 RT (LADY SHUFFLE 3/4 LT)

ROCK BACK RECOVER Stepping apart SHUFFLE 1/4 LT (LADY SHUFFLE 3/4 RT)

49-52 Man: Rock back on Lt recover on Rt. Triple 1/4 turn Rt OLOD Lady: Rock back on Rt recover on Lt. Triple 3/4 turn Lt ILOD







53-56 Man: Rock back on Rt recover Triple 1/4 turn Lt LOD

Lady: Rock back on Rt recover Triple 3/4 turn Rt RLOD

(Lady turns under both raised arms (Double Crossed hands Mans Rt on top.) (Count 56 resume Closed Western RESTART HERE 2nd REPETITION

ROCK RECOVER, SHUFFLE, WALK WALK SHUFFLE

- 57-60 Man: Rock back on Lt, recover on Rt, Shuffle forward LRL LOD Lady: Rock forward on Rt, recover on Lt , Shuffle back RLR
 61-64 Man: Walk forward Rt Lt. Shuffle forward RLR
 - Lady: Walk back Lt Rt. Shuffle back LRL

Start Again - April 2022