

# No Easy Way (P)

COPPERKNOB  
BY SHEETS

拍數: 64 牆數: 0 級數: Partner  
編舞者: Chester & Jac (UK) - April 2022  
音樂: No Easy Way To You - Matt Castillo



Restart During 2nd repetition after count 56

Start in Closed Western Man facing LOD - Opposite footwork unless noted.

24 count Intro

## FORWARD TOUCH, CHASSE, ROCK RECOVER, SHUFFLE

1- 4 Man: Step forward on Lt. Touch Rt next to Lt. Chasse Rt. RLR

Lady: Step back on Rt. Touch Lt next to Rt. Chasse Lt. LRL

5- 8 Man: Rock back on Lt, recover on Rt ,shuffle forward LRL

Lady Rock forward on Rt, recover on Lt, shuffle back RLR

## FORWARD TOUCH, CHASSE, ROCK RECOVER, SHUFFLE

9-12 Man: Step forward on Rt. Touch Lt next to Rt. Chasse Lt. LRL

Lady: Step back on Lt. Touch Rt next to Lt. Chasse Rt. RLR

13-16 Man Rock back on Rt, recover on Lt , shuffle forward RLR

Lady: Rock forward on Lt, recover on Rt , shuffle back LRL

## VINE, TOUCH, VINE, TOUCH - (LADY ROLLING VINES )

17-20 Man: Step Lt to side, Rt behind, Lt to side, Touch Rt next to Lt

Lady: Full turn Rt. Stepping RLR Touch Lt ( Turning under Mans raised Lt arm )

21-24 Man: Step Rt to side, Lt behind, Rt to side, Touch Lt next to Rt

Lady: Full turn Lt. Stepping LRL Touch Rt ( Turning under Ladys raised Rt arm )

## ROCK RECOVER, SHUFFLE ,(LADY 1/2 PIVOT, SHUFFLE) ROCK RECOVER, COASTER STEP

25-28 Man: Rock back on Lt, recover on Rt, Shuffle forward LRL LOD

Lady: Step forward Rt, Pivot 1/2 turn Lt Shuffle forward RLR ( Turning under Mans raised Rt arm ) LOD

29-32 Man: Rock forward on Rt, recover on Lt , Step Rt back, Lt together, Rt forward

Lady: Rock forward on Lt, recover on Rt , Step Lt back, Rt together, Lt forward

Inside hand hold

## TURN 1/8, TOUCH, SHUFFLE. TURN 1/8, TOUCH,SHUFFLE

33-36 Man: Step turning 1/8 Lt. Touch Rt . Shuffle forward RLR. LOD

Lady: Step turning 1/8 Rt. Touch Lt . Shuffle forward LRL.

37-40 Man: Step turning 1/8 Lt. Touch Rt . Shuffle forward RLR

Lady: Step turning 1/8 Rt. Touch Lt . Shuffle forward LRL.

## 1/2 TURN,STEP BACK, SHUFFLE BACK, 1/2 TURN, STEP FORWARD, SHUFFLE

41-44 Man: 1/2 Turn Rt stepping back on Lt. Step back on Rt. Shuffle Back LRL RLOD

Lady: 1/2 Turn Lt stepping back on Rt. Step back on Lt. Shuffle Back RLR RLOD

45-48 Man: 1/2 turn Lt stepping back on Rt Shuffle forward RLR LOD

Lady: Full turn stepping Lt Rt . Shuffle Back LRL RLOD

Count 41 Release inside hands for the 1/2 turn, rejoin on shuffle

Count 45 Lady turns under Mans Lt into Double hand

## ROCK BACK RECOVER Stepping apart SHUFFLE 1/4 RT ( LADY SHUFFLE 3/4 LT)

## ROCK BACK RECOVER Stepping apart SHUFFLE 1/4 LT ( LADY SHUFFLE 3/4 RT)

49-52 Man: Rock back on Lt recover on Rt. Triple 1/4 turn Rt OLOD

Lady: Rock back on Rt recover on Lt. Triple 3/4 turn Lt ILOD

53-56 Man: Rock back on Rt recover Triple 1/4 turn Lt LOD  
Lady: Rock back on Rt recover Triple 3/4 turn Rt RLOD  
( Lady turns under both raised arms (Double Crossed hands Mans Rt on top.)  
( Count 56 resume Closed Western RESTART HERE 2nd REPETITION

**ROCK RECOVER, SHUFFLE, WALK WALK SHUFFLE**

57-60 Man: Rock back on Lt, recover on Rt, Shuffle forward LRL LOD  
Lady: Rock forward on Rt, recover on Lt , Shuffle back RLR  
61-64 Man: Walk forward Rt Lt. Shuffle forward RLR  
Lady: Walk back Lt Rt. Shuffle back LRL

**Start Again - April 2022**

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