Winds of Change



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Frank Heelan (IRE) - April 2022

音樂: You Belong (Tu Lugar) (from Spirit Untamed) - Becky G.: (Album: Spirit

Untamed)



Start 32 counts in.

Sec 1 Kick ball change, rock step, coaster step, rock recover.

1&2 Kick right forward, step down on ball of right, step on left.

3-4 Rock forward on right, recover to left.

5&6 Step back on right, left together, step forward right.
7-8 Rock forward on left, recover to right. (12.00)

Sec 2 Chasse left, rock back recover, chasse ¼ right, shuffle ½ turn.

1&2 Step left to left, right together, left to left.

3-4 Rock back on right, recover to left.

5&6 Step right to right, left together, turn ¼ right stepping forward on right (3.00)

7&8 Turn ¼ right step left to left, right together, turn ¼ right stepping back on left (9.00)

Sec 3 Rock back recover, step forward, side rock recover, forward left, right, left.

1-2-3 Rock back on right, recover to left, step forward right.

4-5-6 Rock left to left side, recover to right, step forward on left. ***

7-8 Step forward right, left.

Sec 4 Mambo step, walk back, back, sailor 1/4 turn, step pivot 1/4

1&2 Rock forward on right, recover to left, step right next to left.

3-4 Walk back left, right.

5&6 Sweep left around behind right turning ½ left, step right to right, recover to left. (6.00)

7-8 Step forward on right, pivot ¼ left, step on left (3.00)

Restarts ***Wall 3, wall 8 and wall 11 dance to count 6 on section 3 and restart.

Tag: End of wall 9, add 4 count rocking chair.

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