Paradise



拍數: 56 牆數: 2 級數: Improver

編舞者: Maria Hennings Hunt (UK) - April 2022

音樂: Paradise - Thomas Rhett



#16 count intro - 2 Restarts

DIAGONAL ROCKING CHAIR RF, CROSS ROCK, CHASSE RIGHT

1-2 Cross rock right foot (RF) over left, recover weight on left foot (LF)

3-4 Rock back on RF, recover weight on LF5-6 Rock RF over LF, recover weight LF

7&8 Step RF to side, close LF to RF, step RF to side (12:00)

DIAGONAL ROCKING CHAIR LF, CROSS ROCK, CHASSE LEFT

1-2 Cross rock LF over RF, recover weight on RF
3-4 Rock back on LF, recover weight on RF
5-6 Rock LF over RF, recover weight RF

7&8 Step LF to side, close RF to LF, step LF to side (12:00)

CROSS, SIDE, BEHIND, 1/4 TURN L, STEP 1/2 TURN, SHUFFLE FORWARD

1-2 Step RF over LF, step LF to side3-4 Step RF behind LF, step LF ¼ turn L

5-6 Step RF forward, pivot ½ turn L stepping onto LF

7&8 Step RF forward, close LF to RF, step RF forward (3:00)

STEP LOCK & STEP LOCK (DOROTHY STEPS), FORWARD ROCK, LEFT COASTER STEP

1-2& Step LF forward, lock RF behind LF, step LF forwards3-4& Step RF forwards, lock LF behind RF, step RF forwards

5-6 Rock forward on LF, recover weight RF

7&8 Step LF back, close RF to LF, step LF forwards (3:00)

ROCK STEP, CHASSE 1/4 TURN RIGHT, SYNCOPATED WEAVE

1-2 Rock forward on RF, recover weight on LF

3&4 Turn ¼ R onto RF, close LF to RF, step RF to side

5-6 Cross LF over RF, step RF to side

7&8 Step LF behind RF, step RF to side, cross LF over RF (6:00)

SIDE ROCK, CROSS SHUFFLE, SIDE, DRAG, CHASSE LEFT

1-2 Rock RF to side, recover weight LF,

3&4 Cross RF over LF, step LF to side, cross RF over LF

5-6 Step LF large step to L, drag RF to close next to LF (weight on RF)

7&8 Step LF to side, close RF to LF, step LF to side (6:00)

RESTART HERE WALL 1 & WALL 5

SWEEP INTO JAZZ BOX CROSS, SWAY R/L, TOUCH, HOLD

1-4 Sweep Rf over Lf, step back LF, step RF to side, cross LF over RF

5-6 Rock RF to side (swaying hips to R) recover weight on LF

7-8 Touch RF next to LF, hold (6:00)

REPEAT