

# All On Me

拍數: 64      牆數: 0      級數: Improver  
編舞者: Julie Lockton (ES) & Sebastiaan Holtland (NL) - April 2022  
音樂: She Hates Love - Ed Napoli



Count in: 8 counts - No tags or restarts

## SIDE TOGETHER, CROSS SHUFFLE, SIDE TOGETHER, CROSS SHUFFLE

1-2-3&4      Step R to R side, step L beside R, cross R over L, step L to L side, cross R over L  
5-6-7&8      Step L to L side, step R beside L, cross L over R, step R to R side, cross L over R

## SIDE TOGETHER, SHUFFLE ¼ TURN, PIVOT ½ TURN, FWD SHUFFLE

1-2-3&4      Step R to R side, step L beside R, step R to R side making ¼ turn to 03:00, step L beside R,  
step fwd on R (03:00)  
5-6-7&8      Step fwd on L, pivot ½ turn to 09:00, step fwd on L, step R beside L, step fwd on L (09:00)

## STEP ¼, HOLD, STEP ¾, HOLD, ROCK RECOVER, COASTER STEP

1-2-3-4      Step fwd on R making ¼ turn to 06:00, hold, pushing L shoulder back step back on L making  
¾ turn to 09:00, hold  
5-6-7&8      Rock fwd on R, recover on L, step back on R, step L beside R, step fwd on R

## STEP FWD, POINT BACK, ½ TURN, STEP, MONTERY ½ TURN

1-2-3-4      Step fwd on L, point R toes back, turn ½ taking weight onto R (03:00), step fwd on L  
5-6-7-8      Point R to R side, ½ turn on spot bringing feet together, point L to L side, bring feet together  
(09:00)

## RIGHT SAILOR STEP, LEFT SAILOR STEP, CROSS & FULL UNWIND, SIDE ROCK RECOVER

1&2-3&4      Step R behind L, step L to L side, step R to R side, step L behind R, step R to R side, step L  
to L side (09:00)  
5-6-7-8      Cross R firmly behind L, full unwind back to 09:00, rock L to L side, recover onto R

## BEHIND SIDE, CROSS SHUFFLE, SIDE TOGETHER, FWD SHUFFLE

1-2-3&4      Step L behind R, step R to R side, cross L over R, step R to R side, cross L over R  
5-6-7&8      Step R to R side, step L beside R, step fwd on R, step L beside R, step fwd on R

## ROCK RECOVER, SHUFFLE BACK, ROCK BACK RECOVER, FWD SHUFFLE

1-2-3&4      Rock fwd on L, recover on R, step back on L, step R beside L, step back on L  
5-6-7&8      Rock back on R, recover onto L, step fwd on R, step L beside R, step fwd on R

## HEEL, HOLD, HEEL HOLD, HEEL SWITCHES, CLAP, CLAP

1-2&3-4      Place L Heel fwd (1) hold (2), step back on L (&), place R heel fwd (3), hold (4)  
&5&6      Step back on R (&), place L heel fwd (5), step back on L (&), place R heel fwd (6)  
&7-8      Step back on R (&), place L heel fwd (7), step back onto L taking all weight (8) with double  
clap

End of dance