

Xin Kuan Lu Jiu Kuan (心宽路就宽)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Katherine Lee (SG) - April 2022
音樂: Xin Kuan Lu Jiu Kuan (心宽路就宽) (抖音DJ版) - Guan Jian (关剑)



Tag: 4 counts at end of Wall 4, 5, 8, 10 and 11.

RF: step forward, pivot ½ left turn x 2

Starts with our Right Foot.

S1: Forward Mambo, Dig Heel, Back Mambo, Dig Heel

1&2,3,4 RF: rock forward, LF: recover, RF: step back, touch left heel slightly forward x2,

5&6,7,8 LF: rock back, RF: recover, LF: step forward, touch right heel slightly forward x2.

S2: Coaster step, Cross, Side, ¼ L-turn Sailor step, Walk forward (R,L)

1&2,3,4 RF: step back, LF: close, RF: step forward, LF: cross in front RF, RF: step to side,

5&6, LF: cross behind RF make ¼ left turn (9:00), RF: close, LF: step forward,

7,8 RF: step forward, LF: step forward.

S3: Cross rock, Side Chasse, Cross rock, 1/4L-turn forward shuffle

1,2 3&4 RF: cross rock, LF: recover, RF: step to side, LF: together, RF: step to side,

5,6 7&8 LF: cross rock, RF: recover, LF: step forward ¼ left turn (6:00), RF: close, LF: step forward.

S4: 1/4R-turn heel grind, Coaster step, Rock forward, Coaster step

1,2 Touch right heel slightly across LF and grind, LF: step back make ¼ R-turn (9:00),

3&4,5,6 RF: step back, LF: close, RF: step forward, LF: rock forward, RF: recover,

7&8 LF: step back, RF: close, LF step forward.

Keep Active! Keep Dancing!

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