

In the Stone

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
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音樂: In the Stone - Earth, Wind & Fire



Start Dancing after 64 c - No Tag / No Restart

S1. SIDE ROCK-CUMBIA (RL)- COASTER STEP

1-2 Step R to side, recover on L
3&4 Cross R behind L, recover on L, step R to side
5&6 Cross L behind R, recover on R, step L to side
7&8 Step R back, close L together R, step R forward

S2.PASSES (WALK FORWARD LR-1/4 CROSS SHUFFLE-1/4 BACK SHUFFLE-1 ANCHOR)

1-2 Walk forward on L - R
3&4 1/4 turn L cross L over R, step R to side, cross L over R
5&6 1/4 turn L step R back, lock/cross L over R, step R back
7&8 Step L back, recover on R, recover on L

S3. WALK FORWARD RL-SIDE HIP WALK(RL)1/4 SAILOR FORWARD

1-2 Walk Forward on R-L
3&4 Touch R to side with hip bumps to R, hip bumps to L, hip bumps to R with drop R heel (weight on R)
5&6 Touch L to side with hip bumps to L, hip bumps to R, hip bumps to L with drop L heel (weight on L)
7&8 1/4 turn R cross R behind L, step L to side, step R forward

S4. RUNNING LOCK STEP-PIVOT 1/2-WALK FORWARD

1&2 Step L diagonal forward, lock R behind L, step L diagonal forward
&3&4 Step R diagonal forward, lock L behind R, step R diagonal forward, step L forward
5-6 Step R forward, 1/2 turn L step L in place
7-8 Walk Forward on R - L

Have fun

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