

Sweet Ireland EZ

拍數: 32 牆數: 2 級數: Beginner Celtic
編舞者: Véronique Vernet (FR) - March 2022
音樂: Sweet Ireland - Green Lads



#1 Tag : 8 counts

[1-8] STOMP HOLD - STOMP HOLD - TRIPLE – TRIPLE ¼

1-2& Stomp RF – Hold – Step forward slightly LF (&)
3-4& Stomp RF – Hold - Step forward slightly LF (&)
5&6 RF forward – LF together – RF Forward
7&8 ¼ turn L LF forward – RF together – LF Forward

[9-16] ¼ STEP TURN – CROSS AND CROSS - ROCK STEP – CROSS AND CROSS

1-2 RF forward – ¼ turn Left
3&4 Cross RF over L – Step LF side - Cross RF over L
5-6 Rock L to L side , recover on R
7&8 Cross LF over R – Step RF side - Cross LF over R

[17-24] POINT, HOLD, & POINT, HOLD, & HEEL & HEEL & SWIVELS

1-2 Point R Side – Hold (wall 6 slow down)
&3-4 Step RF together - Point R Side - Hold
&5&6 Step LF together – Heel R - Step RF together – Heel L
&7&8 Step LF together – Step RF Forward – Heels R,L to Right - Heels R,L center

[25-32] BACK GALOP – COASTER STEP – WALK - WALK

1&2& RF Back - Step LF together - RF Back - Step LF together
3&4 RF Back - Step LF together - RF Back
5&6 Step Back LF - Step RF together – LF Forward
7-8 Walk forward on R - Walk forward on L (or option : Full turn)

****Wall 6 ,After 16 counts the music slows down, you continue to dance slowly until the end of the dance then you add the tag of 8 counts.**

****Tag : At the end of wall 6 (facing 6:00), add the following 8 count tag to finish facing (12:00)**

[1-8] ROCKING CHAIR – ½ TURN WALK R ,L,R,L (create a semi-circular walk around)

1 -2 Rock forward R - recover on L
3 -4 Rock back on R - recover on L
5 -6 1/8 turn L walk forward on R , 1/8 turn L walk forward on L
7 -8 1/8 turn L walk forward on R , 1/8 turn L walk forward on L

TADAAA ! :)

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