

Shake a Hand

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Micaela Svensson Erlandsson (SWE) - April 2022
音樂: Shake a Hand - Nick Bukuvalas



No Tags Or Restarts

Intro 3 counts (start on the word "me")

Section 1: Side. Touch. Kick Ball Cross. Side. Drag. Cross Shuffle

1-2 Step right on right foot. Touch left beside right.
3&4 Kick left in left diagonal. Step left in place. Cross right over left.
5-6 Step left on left. Drag right towards left taking weight.
7&8 Cross left over right. Step right on right. Cross left over right.

Section 2: ¼ Turn left. Side. Cross Shuffle. Side. Together. Forward Lock Step.

1-2 Turn ¼ left stepping back on right. Step left to left side.
3&4 Cross right over left. Step left on left. Cross right over left.
5-6 Step left on left foot. Step right beside left taking weight.
7&8 Step forward on left. Lock right behind left. Step forward on left.

Section 3: Rock Step. Shuffle ½ Turn back. Rock Step. Coaster Step.

1-2 Rock forward on right. Recover onto left.
3&4 Shuffle ½ over your right shoulder travelling back, stepping right, left, right.
5-6 Rock forward on left. Recover onto right.
7&8 Step back on left. Step right beside left. Step forward on left.

Section 4: Ball. Rock Step. Sailor Step. Sailor Step. Touch. Unwind ½ left.

&1-2 Step forward on ball of right foot. Rock forward on left. Recover onto right.
3&4 Cross left behind right. Rock right to right side. Recover onto left..
5&6 Cross right behind left. Rock left on left foot. Recover onto right.
7-8 Touch left toes back. Unwind ½ left.

Ending: As the music is coming to an end, replace Touch. Unwind ½ left. (Count 7-8 of section 4) with: Touch. Unwind ¼ left to end facing the front wall.
