

Lo Re Lo Re Lo Re (RIP, Love)

COPPERKNOB
STEPSHEETS

拍數: 64
編舞者: Heru Tian (INA) - April 2022
音樂: RIP, Love - Faouzia

牆數: 2

級數: Phrased Intermediate



Seq : Intro Dance AAA B AAA B
Intro : 16 C

INTRO DANCE (8C) : SWAY RLRL- PIVOT ½ TURN L (2X)

1-4 Step Rf to Side, Sway to Right (1), Sway to Left (2), Sway to Right (3), Sway to Left (4)
5-8 Step Rf fwd (5), ½ turn L, Step Lf in place (6), Step Rf fwd (7), Step Lf in place (8)

PART A (32C)

SA1 : R OUT-L OUT - R COASTER CROSS- L SIDE CHASSE -R SIDE CHASSE WITH 1/4 TURN R

12 Step Rf fwd to Right Diagonal (1), Step Lf fwd to Left Diagonal (2)
3&4 Step Rf back (3), Step Lf Next to Rf (&), Cross Rf over Lf (4)
5&6 Step Lf to Side (5), Step Rf Next to Lf (&), Step Lf to Side (6)
7&8 Step Rf to Side (7), Step Lf Next to Rf (&), ¼ turn R, Step Rf fwd (8), facing 3.00

SA2: L&R BOTAFOGO -L FWD MAMBO- R BACK- L 1/4 TURN L SIDE - R CROSS

1a2 Cross Lf over Rf (1), Step Rf to Side (a), Step Lf in place (2)
3a4 Cross Rf over Lf (3), Step Lf to Side (a), Step Rf in place (4)
5&6 Rock Lf fwd (5), Recover on Rf (&), Step Lf back (6)
7&8 Step Rf back (7), ¼ turn L, Step Lf to Side (&), Cross Rf over Lf (8) facing 12.00

SA3: L SIDE - PIVOT 1/4 TURN R- L 1/4 TURN R COASTER STEP- R TRIPLE FULL TURN R- 1/4 TURN L TRIPLE STEPS

12 Step Lf to Side (1), ¼ turn R, Step Rf in place (2) facing 3.00
3&4 ¼ turn R, facing 6.00, Step Lf back (3), Step Rf Next to Lf (&), Step Lf fwd, twist your upper body to Left as preparation to turn (4)
5&6 ½ turn R, Step Rf fwd (5), Step Lf Next to Rf (&), ½ turn R, Step Rf fwd (6) facing 6.00
7&8 1/8 turn L, Step Lf fwd (7), Step Rf Next to Lf (&), 1/8 turn L, Step Lf fwd (8) facing 3.00

SA4: 1/4 TURN R DIAMOND STEP- R SIDE/ SWAYR- SWAYL-R ROCK FWD/ BODY ROLL

1&2 Cross Rf over Lf (1), Step Lf to Side (&), 1/8 turn R, Step Rf back, hitch Lf (2)
3&4 Step Lf behind Rf (3), 1/8 turn R, Step Rf to Side (&), Cross Lf over Rf (4) facing 6.00
5678 Step Rf to Side, Sway upper body to Right (5), Transfer weight to Lf, Sway upper body to Left (6), Rock Rf fwd, starting body roll (7), Recover on Lf, finish body roll (8)

PART B (32C)

SB1: TOGETHER - DIAGONAL TOUCH- HEEL SWIVEL (L&R)

&1 Step Rf Next to Lf (&), Touch Lf toe to Left Diagonal (1)
&2&3&4 Swivel Lf Heel out, Push Hip to Left (&), Swivel Lf Heel in, Return Hip (2), Repeat this for &3, &4
&5 Step Lf Next to Rf (&), Touch Rf toe to Right Diagonal (5)
&6&7&8 Swivel Rf Heel out, Push Hip to Right (&), Swivel Rf Heel in, Return Hip (6), Repeat this for &7, &8

SB2: TOGETHER - PRESS FWD-RECOVER- TOGETHER (L&R) -L PADDLE 1/4 TURN R (X2)

&1 2 Step Rf Next to Lf (&), Press Lf fwd (1), Recover on Rf (2)
&3 4 Step Lf Next to Rf (&), Press Rf fwd (3), Recover on Lf (4)
& Step Rf Next to Lf (&)

5678 Touch Lf toe fwd (5), ¼ turn R with hip roll, Step Rf in place (6), Touch Lf toe fwd (7), ¼ turn R with hip roll, Step Rf in place(8)

SB3: TOGETHER - DIAGONAL TOUCH- HEEL SWIVEL (R&L)

&1 Step Lf Next to Rf (&), Touch Rf toe to Right Diagonal (1)

&2&3&4 Swivel Rf Heel out, Push Hip to Right (&), Swivel Rf Heel in, Return Hip (2), Repeat this for &3, &4

&5 Step Rf Next to Lf (&), Touch Lf toe to Left Diagonal (5)

&6&7&8 Swivel Lf Heel out, Push Hip to Left (&), Swivel Lf Heel in, Return Hip (6), Repeat this for &7,&8

SB4: TOGETHER - PRESS FWD-RECOVER- TOGETHER (R&L)-R PADDLE 1/4 TURN L (X2)

&1 2 Step Lf Next to Rf (&), Press Rf fwd (1), Recover on Lf (2)

&3 4 Step Rf Next to Lf (&), Press Lf fwd (3), Recover on Rf (4)

& Step Lf Next to Rf (&)

5678 Touch Rf toe fwd (5), ¼ turn L with hip roll, Step Lf in place (6), Touch Rf toe fwd (7), ¼ turn L with hip roll, Step Lf in place(8)

Thanks and enjoy the dance...

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