

Hands of a Woman

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Gary Bray (UK) & Jeni Bradshaw (UK) - July 2020
音樂: Hands of a Woman - Bobby Watson



#24 Count Intro

[01 – 12]: ¼ Step, Point, Full Rolling Vine, Cross Sweep, ½ Twinkle

- 1-3 Turn ¼ left step left forward, point right to right, hold (9:00)
4-6 Turn ¼ right step right forward, turn ½ right step left beside right, turn ¼ right step right to right (9:00)
7-9 Cross left over right, sweep right from back to front over 2 counts
10-12 Cross right over left, turn ¼ right step right back, turn ¼ right step left to left (3:00)

[13 – 24]: Check Rock, Coaster, Step Full Spiral, ⅞ Run Run Run

- 1-3 Turn ⅞ right rock left forward, hold 2 counts (4:30)
4-6 Recover weight onto right, step left beside right, step right forward
7-9 Step left forward, full turn spiral right keeping weight on left (4:30)
10-12 Turn ¼ right step right forward, turn ¼ right step left forward, turn ⅜ right step right forward (3:00)

[25 – 36]: Step, ¾ Hitch, Forward basic, Back, Back, Point, ½ Step, Sweep, Step

- 1-3 Step left forward, turn ¾ left hitch right knee (6:00)
4-6 Step right forward, step left beside right, step right beside left
7-9 Step left back, step right back, touch left back

Restart on wall 5

- 10-12 Turn ½ left step left forward, turn ½ left sweeping right, step right beside left (6:00)

[37 – 48]: Step, Rock Recover, Back, ½ Turn, Step, ½ Fallaway Diamond

- 1-3 Step left forward, rock right forward, recover weight onto left
4-6 Step right back, turn ½ left step left forward, step right forward (12:00)
7-9 Turn ⅞ step left forward, turn ⅞ left step right to right, turn ⅞ left step left back (7:30)
10-12 Step right back, turn ⅞ left step left to left, cross right over left (6:00)

Tag: Danced after Wall 2 and Wall 4

- 1-3 Turn ⅞ step left forward, turn ⅞ left step right to right, turn ⅞ left step left back (7:30)
4-6 Step right back, turn ⅞ left step left to left, cross right over left (6:00)