

Let's Work

拍數: 32 牆數: 4 級數: Improver
編舞者: Lucy Cooper (UK) - April 2022
音樂: Let's Work - KOYOTIE



Intro: 16 counts

Forward, ¼ R, ¼ Sailor R, Heel Grind ¼ L, Back, L Coaster Step

1 2 Step R forward, Step L to side turning ¼ R (3.00)
3&4 Cross R behind L turning ¼ R, step L to side, step R to side (6.00)
5 6 Touch L heel forward grinding ¼ L, stepping back on R (3.00)
7&8 Step L back, step R together, step L forward

Forward Rock, Recover, Side ¼ R, Point L w Click, ¼ L, ¼ L, ¼ Sailor L

1 2 Rock R forward (optional body roll), recover onto L
3 4 Step R to side turning ¼ R, point L to L side (click fingers out to sides) (6.00)
5 6 Step onto L turning ¼ L, step R to side turning ¼ L (12.00)
7&8 Cross L behind R turning ¼ L, step R to side, step L to side (9.00)

Out, Out, Heel Bounce x 2, Forward, Touch, Ball Heel, Ball Step

&1 2 Step R out to side, step L out to side, hold
3 4 Lift heels up & down x 2
5 6 Step R forward, touch L beside R
&7 Ball step L slightly back, touch R heel forward
&8 Bring R in, step L forward

Forward Rock w Hip, Recover, Cross, Side Rock, Recover, Cross, ¼ L, Chasse ¼ L

1 2 Rock R forward (pushing into R hip), recover onto L
3&4 Cross R over L, rock L to side, recover onto R
5 6 Cross L over R, step R back turning ¼ L (6.00)
7&8 Step L to side turning ¼ L, step R together, step L to side (3.00)
