

# Tribe

**COPPERKNOB**  
BY STEPHEN

拍數: 112      牆數: 1      級數: Phrased Easy Intermediate  
編舞者: Esmeralda van de Pol (NL) - April 2022  
音樂: Tribe - Kim Viera



Seq: ABCD ABCD CC DD  
All parts starts at 12.00 everytime

## PART A (32 counts)

### WALK FWD, TRIPPLE STEP FWD, L SHUFFLE BACK, R SHUFFLE BACK

1-2            Step RF fwd (put R arm to R side), Step LF fwd (put L to L side)  
3&4           Step RF fwd, Step LF next R, Step RF fwd ( sway both your arms R,L,R)  
5&6           Step LF diagonal back, Step RF next to L, Step LF diagonal back (Push your arms up) 10.30  
7&8           Step RF diagonal back, Step LF next to R, Step RF diagonal back (Push your arms up) 01.30

### WALK FWD, HIP BUMP ½ TURN R, WALK FWD, HIP BUM 1/8 TURN L

1-2            Step LF fwd, Step RF fwd 01.30  
3&4           Touch L toe fwd push L hip fwd, Recover weight on RF, ½ turn R-recover weight on LF 07.30  
5-6           Step RF fwd, Step LF fwd  
7&8           Touch R toe fwd push hip, Recover weight on LF, 1/8 turn L recover weight on RF 06.00  
(arms count 3&4 L arm up and snap your fingers(3) arms to centre of your body(&) arms to L side and snap your fingers. Count 7&8 the same with R hand)

### CROSS, BACK, CHASE L, CROSS, BACK, CHASE

1-2            Cross LF over RF, Step RF back  
3&4           Step LF to L side, Step RF next to LF, Step LF to L side  
5-6           Cross RF over LF, Step LF back  
7&8           Step RF to R side, Step LF next to RF, Step RF to R side 06.00

(arms count 3&4 and 7&8, arms up like swimming in the air in the diagonal)

### FWD ROCK, COASTER STEP, HIP ROLL ½ TURN L

1-2            Rock LF fwd, Recover weight RF  
3&4           Step LF back, Step RF next to LF, Step LF fwd  
5-6           Step RF fwd, Pivot (hip roll) ¼ turn L- weight on LF move your arms up in a circle 03.00  
7-8           Step RF fwd, Pivot (hip roll) ¼ turn L- weight on LF move your arms up in a circle 12.00

## PART B (32 counts)

### HITCH, HITCH, SIDE, CHASE R, HITCH, HITCH CHASE L

1-2            Hitch R knee up x2  
3&4           Step RF to R side, Step LF next to RF, Step RF to R side (push your arms up and down)  
5-6           Hitch L knee up x2  
7&8           Step LF to L side, Step RF next to LF, Step LF to L side (push your arms up and down)

### SYNCOATED JAZZBOX POINT, PIVOT ½ TURN L X2

1-2            Cross RF over LF, Step LF back  
&3-4          Step RF to R side, Cross LF over RF and bring arms in centre of your body, Point RF to R side arms to the side and snap your fingers  
5-6           Step RF fwd and Push hip fwd, ½ turn L weight on L (free arm movement)  
7-8           Step RF fwd and Push hip fwd, ½ turn L weight on L (free arm movement) 12.00

Repeat above 16 counts

## PART C (16 counts)

**POINT, ½ TURN R POINT, COASTER STEP, POINT, ½ TURN L POINT COASTER STEP**

- 1-2 Point RF to R side, ½ turn R on LF point R to R side 06.00  
3&4 Step RF back, Step LF next to RF, Step RF fwd  
5-6 Point LF to L side, ½ turn L on RF point L to L side 12.00  
7&8 Step LF back, step RF next to LF, Step LF fwd

**MAMBO STEP FWD, STEP BACK, ROCK BACK, STEP FWD, SHUFFLE FWD**

- 1&2 Rock RF fwd, Recover weight on LF, Step RF back  
3-4-5-6 Step LF back, Rock RF back, Recover weight on LF, Step RF fwd  
7&8 Step LF fwd, Step RF next to LF, Step LF fwd

**PART D (32 counts)****CHARLESTON STEP, STEP FWD POINT, STEP BACK, POINT**

- 1-4 Touch R toe fwd, step RF back, Touch L toe back, Step LF fwd  
5-6 Step RF fwd, Point L toe fwd,  
7-8 Step LF back, Point R toe back

**FWD ROCK, SHUFFLE ½ TURN R, DORETHY STEP**

- 1-2 Rock RF fwd, Recover weight on LF  
3&4 ¼ turn R-step RF to R side, Step LF next to RF, ¼ turn R-step RF fwd - 06.00  
5-6& Step LF fwd, Step RF behind LF, Step LF fwd  
7-8& Step RF fwd, Step LF behind RF, Step RF fwd

**CHARLESTON STEP, STEP FWD POINT, STEP BACK, POINT,**

- 1-4 Touch L toe fwd, step LF back, Touch R toe back, Step RF fwd  
5-6 Step LF fwd, Point R toe fwd,  
7-8 Step RF back, Point L toe back

**FWD ROCK, SHUFFLE ½ TURN R, DORETHY STEP**

- 1-2 Rock LF fwd, Recover weight on RF  
3&4 ¼ turn L-step LF to L side, Step RF next to LF, ¼ turn L-step LF fwd 12.00  
5-6& Step RF fwd, Step LF behind RF, Step RF fwd  
7-8& Step LF fwd, Step RF behind LF, Step LF fwd

All arm movements are free to do in this dance.....

**Note: Don't be afraid of this dance, the steps are quite simple and most of them you must repeat Have fun and enjoy, do what you want with this dance.....**

**Dance With Esmeralda**

**Esmeralda v.d. Pol**

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