AB Acropolis

拍數: 32

級數: Absolute Beginner

編舞者: Russell Breslauer (USA) - April 2022

音樂: Acropolis - BZN

S1: CROSS ROCK RECOVER SIDE HOLD X 2

- 1 4 Cross Left across right, Hold, Recover on Right. Left to left
- 5 8 Cross Right across left, Hold, Recover on Left, Right to right

Option; On hold touch crossed foot before recover.

S2: LIFT CROSS AND CROSS LIFT CROSS AND TURN 1/4 LEFT

- Lift the Left, Cross Left over right, step on Right, Cross Left over right 1 - 4
- 5 8 Lift the Right, Cross Left over right, step on Right, Turn 1/4 left on Left
- * Can be a 1-wall dance with no turn.

S3: NIGHT CLUB 2-STEP (NC2)

- Step Left to left, Hold, Rock Right behind left, Recover on Left 1 - 4
- 5 8 Step Right to right, Hold, Rock Left behind right, Recover on Right
- * Can be a 1-wall dance with no turn.

S4: FORWARD LOCK FORWARD TOUCH BACK LOCK BACK TOUCH

- 1 4 Step forward on Left, lock Right behind left, forward on Left, touch Right behind left
- 5 8 Step back on Right, lock Left in front of right, back on Right, touch Left next to right

REPEAT (4 or 1 wall)

I want to thank Charlotte Steele for introducing me to this music and convincing me to continue with this choreography which can be used as a split floor with her Acropolis.

Contact: BreslauerDanceSF@yahoo.com Last Update 4/11/22





牆數: 4