

Just Once

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Juli Santoso Pikir (INA) - April 2022
音樂: Just Once - Mark Carpio : (Cover)



S-1. SIDE-BACK ROCK-FORWARD-(½ TURN R) BACK SWEEP ROCK- FORWARD- (FULL TURN L) FORWARD-FORWARD-FORWARD ROCK-BACK

1 2& Step RF to side (1) - Step LF back (2) - Recovered on RF (&) -
3 4& Step LF forward (3) ½ Turn R Sweep RF from front to back over LF (4) weight stays on LF and slightly bent. (&)
5 6& ½ Turn L Step RF forward (5) - ½ Turn L Step LF forward (6) - Step RF forward (&) -
7 8& Step LF forward (7) - Recovered on RF (8) - Step LF back (&)

S-2. BACK - BEHIND - SIDE - CROSS ROCK - SIDE - CROSS ROCK - SIDE -PIVOT ¼ TURN R - FORWARD

1 2& Step RF back (1) - Step Lf behind (2) - Step RF to side (&) -
3 4& Cross LF over RF (3) - Recovered on RF (4) - Step LF to side (&) -
5 6& Cross RF over LF (5) - Recovered on LF(6) - Step RF to side (&) -
7 8& ¼ Turn R Step RF forward (7) - ½ Turn R, In place on LF (8) - Step LF forward (&)

S-3. FORWARD (RONDE)(R-L) - FORWARD ROCK - BACK - BACK - BACK ROCK

1 2 Step RF forward - Ronde (1)(2)
3 4 Step LF forward - Ronde (3)(4)
5 6&7 Step RF forward (5) - Recovered on LF (6) - R back (&) - L back (7)
8& step R back (8) - Recovered on LF (&)

S-4. ¼ TURN L SIDE - HOOK CROSS - SHUFFLE - PIVOT ¼ TURN L - CROSS - SIDE- CLOSE (TOUCH)

1 2 ¼ Turn L Step RF to side (1) - Hook cross LF in front of RF (2) -
3&4 Step LF forward (3) - Close RF beside LF (&) - Step LF forward (4) -
5&6 Step RF forward (5) - ½ Turn L In place on LF (&) - Cross RF over LF (6) -
7 8 Step LF to side (7) - Touch close RF beside LF (8)

Tag I : after wall 1 and wall 4

SWAY R-L

1 2 Bump hip to R (1) - Bump hip to L (2)

Tag II : after wall 3

SWAY R-L-R-L

1 2 3 4 Bump hip to R (1) - Bump hip to L (2) - Bump hip to R (3) - Bump hip to L (4)

Happy Dance :

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