

# One Bad Apple

拍數: 48      牆數: 4      級數: High Beginner  
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音樂: One Bad Apple - Nikko Lowe



## No Tags, No Restarts

### Sec 1 Lindy - Side Touch, Close Touch - Side Touch, Close Touch

1&2      Step R to R, step L together, step R to R  
3-4      Step ball of L back, recover on R  
5-6      Touch L to L, touch L beside R  
7-8      Touch L to L, touch L beside R

### Sec 2 Lindy - Side Touch, Close Touch - Side Touch, Close Touch

1&2      Step L to L, step R together, step L to L  
3-4      Step ball of R back, recover on L  
5-6      Touch R to R, touch R beside L  
7-8      Touch R to R, touch R beside L

### Sec 3 Boogie Walk with Kick - Boogie Walk with Kick

1-4      Step forward R with toes turn out to R, step forward L with toes turn out to L, step forward R with toes turned out to R, kick L diagonal  
5-8      Step forward L with toes turn out to L, step forward R with toes turn out to R, step forward L with toes turned out to L, kick R diagonal

### Sec 4 Modified Jazz Box

1-4      Touch R toe over L, drop R heel, touch back on L toe, drop L heel  
5-8      Turn  $\frac{1}{4}$  R, touch side R toe, drop R heel, touch forward L toe, drop L heel (03:00)

### Sec 5 Forward Shuffle - Rock Forward - Turn $\frac{1}{2}$ L Forward Shuffle - Rock Forward

1&2      Step R forward, close L together, step R forward  
3-4      Step L forward, recover on R  
5&6      Turn  $\frac{1}{2}$  L step L forward, close R together, step L forward (09:00)  
7-8      Step R forward, recover on L

### Sec 6 Modified K-Step

1-4      Step back on R to back right diagonal, touch L next to R, step back to home position on L, touch R next to L  
5-8      Step forward on R to right diagonal, touch L next to R, step back to home position on L, touch R next to L

Happy dancing & Thank You

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