

Dengan Nafas

拍數: 32 牆數: 4 級數: Beginner
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音樂: Dengan NafasMu - Ungu



Intro: 64 counts

S1. WALK FORWARD, TOUCH, FORWARD, TOUCH, PIVOT ½ TURN L

1,2 Step RF forward, step LF forward
3,4 Step RF forward, touch LF to L
5,6 Step LF forward, touch RF to R
7,8 Step RF forward, ½ turn L weight on LF

S2. ROCKING CHAIR, FORWARD SHUFFLE, PIVOT ½ TURN R

1,2 Rock RF forward, recover on LF
3,4 Rock RF back, recover on LF
5&6 Step RF forward, close LF next to RF, step RF forward
7,8 Step LF forward, ½ turn R weight on RF

S3. ROCKING CHAIR, FORWARD SHUFFLE, PIVOT ½ TURN L

1,2 Rock LF forward, recover on RF
3,4 Rock LF back, recover on RF
5&6 Step LF forward, close RF next to LF, step LF forward
7,8 Step RF forward, ½ turn L weight on LF

S4. VINE, TOUCH, ROLLING VINE 1¼ TURN L

1,2 Step RF to R, cross LF behind RF
3,4 Step RF to R, touch LF to L (option : touch LF beside RF)
5,6 ¼ turn L step LF forward, ½ turn L step RF back
7,8 ½ turn L step LF forward, touch RF beside LF
(option 5-8 : step LF to L, cross RF behind LF, ¼ turn L step LF forward, touch RF beside LF)

Have Fun....
