Heavenly

拍數: 32

級數: Beginner

編舞者: M. Vasquez (UK) - April 2022

音樂: (You Lift Me) Up to Heaven - Reba McEntire

牆數: 2

Step/Rock Forward, Recover, R Coaster Step, Step 1/2 turn pivot, 1/2 Turning Shuffle

- 1-2 Step and rock forward on R foot, recover weight back onto L
- 3&4 Step back on R foot, step L foot next to R, step forward on R foot
- 5-6 Step forward on L foot, pivot 1/2 turn R as you transfer weight to R foot
- 7&8 Step forward on L foot as you turn ¼ right, step R foot next to L, turn ¼ right, step back on L

Step Back, Kick, L Coaster Step, 1/4 R Monterey

- 9-10 Step back on R foot, kick L foot forward
- 11&12 Step back on L foot, step R next to L, step forward on L
- 13-14 Point R foot to R side, turn 1/4 R stepping R foot next to L, (transfer weight to R)
- 15-16 Point L foot to L side, step L foor next to R (transfer weight to L foot)

Cross, Back, Side Chassé, Cross, Back, Side Chassé

- 17-18 Cross R foot over L, step back on L foot
- 19&20 Step R foot to R side, step L foot next to R, step R foot to R side
- 21-22 Cross L foot over R, step back on R foot
- 23&24 Step L foot to L side, step R foot next to L, step L foot to L side

Sailor Step with 1/4 Turn R, L Shuffle Forward, Side, Touch, L Coaster Step

- 25&26 Step R foot behind L, step L to L side, turn 1/4 right stepping forward on R foot
- 27&28 Step forward on L foot, step R foot next to L, step forward on L foot
- 29-30 Step R foot to R side, touch L foot next to R
- 31&32 Step back on L foot, step R foot next to L, step forward on L foot

E-mail: matt.vasquez@rocketmail.com



