

Cherish All

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Flora (CN) & Nono (CN) - April 2022
音樂: Yi Qing Guo Hou (疫情過後) - Leng Mo (冷漠)



Intro : 16

Sec1 Walk , Walk , Mambo Sweep , Step Back Sweep X2 , Behind , Turn 1/4L Step Fwd , Side

1-2 (1)Step L fwd , (2)Step R fwd
3&4 (3)Step L fwd , (&)Recover weight to R , (4)Step L back and sweep R from front to back
5-6 (5) Step R back and sweep L from front to back , (6)Step L back and sweep R from front to back
7&8 (7)Step R behind L , (&)Turn 1/4L step L fwd 9:00 , (8)Step R to R

Sec2 Sailor Cross , Side , Turn 1/8R Rock fwd , Triple , NC Basic

1&2& (1)Step L behind R , (&)Step R to R , (2)Step L over R , (&)Step R to R
3-4 (3)Turn 1/8R step L fwd 10:30 , (4)Recover weight to R
5&6 Step L-R-L fwd in turn and turn 7/8L(CCW) 12:00
7 8& (7)Step R to R , (8)Step L behind R(T step) , (&)Step R over L

Sec3 Side , Mambo Side , Weave , Turn 1/8R Step fwd Lift , Coaster

1 (1)Step L to L
2&3 (2)Turn1/8L step R fwd 10:30 , (&)Recover weight to L , (3)Turn1/8R step R to R 12:00
4&5& (4)Step L over R , (&)Step R to R,(5)Step R behind L,(&)Step R to R
6 (6)Turn1/8R step L fwd and lift R 1:30
7&8 (7)Step R back , (&)Step L beside R , (8)Step R fwd 1:30

Sec4 Turn1/8L Step L Sway L , Sway R , Chane` , Sway R- L , Turn1/4R Step Fwd , 1/4 Pivot

1-2 (1)Turn1/8L Step L to L and sway L 12:00 , (2)Sway body R
3&4 (3)Turn1/4L Step L fwd 9:00 , (&)Turn1/2L Step R back 3:00 , (4)Turn1/4L Step L to L 12:00
5-6 (5)Sway body R , (6)Sway body L
7&8 (7)Turn1/4R Step R fwd 3:00,(&)Step L fwd , (8)Turn1/4R weight to R 6:00

Tag Rocking Chair

1&2& (1)Step L fwd , (&)Recover weight to R , (2)Step L back , (&)Recover weight to R

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