First Love

級數: Beginner

編舞者: Julie Lockton (ES) - April 2022

音樂: There Goes My First Love - The Drifters

No tags or restarts

Count in: 24 counts (on the vocal "first")

SIDE TOGETHER, FWD SHUFFLE, SWAY SWAY, LEFT CHASSE

- 1-2-3&4 Step R to R side, step L beside R, step fwd on R, step L beside R, step fwd on R
- 5-6-7&8 Sway hips to the L, Sway hips to the R, step L to L side, step R beside L, step L to L side

ROCK BACK RECOVER, ½ TURN SHUFFLE, ROCK BACK RECOVER, ½ TURN SHUFFLE

- 1-2-3&4 Rock back on R, recover onto L, step fwd on R making ¼ turn to 09:00, step L beside R, step back on the R making ¼ turn to face 06:00
- 5-6-7&8 Rock back on the L, recover on the R, step fwd on L making ¼ turn to 09:00, step R beside L, step back on L to face 12:00

BEHIND, SIDE, CROSS SHUFFLE, ROCK RECOVER ¼ TURN, SHUFFLE

- 1-2-3&4 Sweep R behind L, step L to L side, cross R over L, step L to L side, cross R over L
- 5-6-7&8 Rock L to L side, recover onto R making ¼ turn to 03:00, step L fwd, step R beside L, step fwd L

CROSS POINT, CROSS POINT, JAZZ BOX

- 1-2-3-4 Cross R over L, point L to L side, cross L over R, point R to R side
- 5-6-7-8 Cross R over L, step back on L, step R to R side, step fwd on L

END OF DANCE!





拍數: 32

牆數:4