

Are You Okay

COPPER KNOB
BYEPOSTETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Eun Mi Lim (KOR) - April 2022
音樂: r u ok - Tate McRae



Intro: #32 counts (approx. 15secs)

Sec 1: Forward, Pivot 1/4Turn L, Behind-Side-Side X2,

1-2 Step R forward, Pivot 1/4turn L (9:00)
3-4 Cross R behind L, Step L to left side
5-6 Step R to right side, Cross L behind R,
7-8 Step R to right side, Step L to left side

Sec 2: Forward Rock, 1/4Turn R & Side, Point, 1/4 L & Together, Scuff, Forward Rock

1-2 Rock R forward, Recover on L
3-4 1/4turn R stepping R to right Side (12:00), Point L toes to left side
5-6 1/4turn L stepping L beside R (9:00), Scuff R forward
7-8 Rock R forward, Recover on L

Sec 3: Back Rock, 1/2Turn L & Lock Shuffle, Back Walk (L-R), Side Rock

1-2 Rock R back, Recover on L
3&4 1/4turn L stepping R to right side (6:00), Cross L over R, 1/4turn L stepping Back (3:00)
5-6 Step L back, Step R back
7-8 Rock L to left side, Recover on R

Sec 4: Cross, Side, Behind, 1/4Turn R & Forward, 1/4Turn R & Point, Cross, Back, Side

1-2 Cross L over R, Step R to right side
3-4 Cross L behind R, 1/4turn R stepping R forward (6:00)
5-6 1/4turn R Point L toes to left side (9:00), Cross L over R
7-8 Step R back, Step L to left side

Enjoy Dancing Always!

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