

No Workin'

拍數: 32 牆數: 2 級數: Improver
編舞者: Maria Smith (AUS) & Kevin Smith (AUS) - March 2022
音樂: Drinkin' Hours - Paul Costa : (Spotify)



START DANCE on Vocals 32 counts in - CW

ACROSS,STEP, SAILOR,ACROSS,STEP,1/4 SAILOR STEP,

1,2,3&4 step L across R, step R to side, sailor step L,R,L,
5,6,7&8 step R across L, step L to side, 1/4 turn right sailor step R,L,R, (3.00)

STEP, POINT,SAMBA STEP,ACROSS,SIDE,BEHIND & CROSS,

1,2,3&4 step L fwd, point R to side, samba step R,L,R,
5,6,7&8 step L across R, step R to side, step L behind R, & step R to side, cross L over R,

STOMP,HOLD,1/4 SAILOR STEP,SHUFFLE,SIDE SWAY RIGHT,LEFT,

1,2,3&4 stomp R to side, HOLD,1/4 turn left sailor step L,R,L, (12.00)
5&6,7,8 shuffle fwd R,L,R, step L to side, step R to side, (swaying hips L,R,)

SIDE SHUFFLE,ROCK,1/2 PIVOT TURN,STEP,POINT,

1,&2,3,4 side shuffle L,R,L, rock back R, fwd L,
5,6,7,8 step fwd R 1/2 pivot turn left, step fwd R, point L to side (6.00)

[32] START AGAIN

#16 count tag after wall 2,4,6, to front

1&2,3&4, left sailor step L,R,L, right sailor step R,L,R,
5,6,7&8 step L fwd,1/2 pivot turn right, shuffle fwd L,R,L,

1&2,3&4 right sailor step R,L,R, left sailor step L,R,L,
5,6,7&8 step R fwd,1/2 pivot turn right, shuffle fwd R,L,R,

FINISH WALL 10, dance first 16 counts step to front.

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