

I Hate Trot (나는 트로트가 싫어요)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Eunja Song (KOR) - April 2022
音樂: I Hate Trot (나는 트로트가 싫어요) - Im Chang Jung (임창정)



(Intro: 32 counts)

Intro Dance(32 counts)

- S1) R dip side point(1), drag toward L(2-7), R together next to L(8)
S2) L dip side point(1), drag toward R(2-7), L together next to R(8)
S3) R jump, touch, L jump, touch, R jump, touch, L jump, touch(1-2 3-4 5-6 7-8)
S4) R jump, touch, L jump, touch, R jump, touch, L jump, touch(1-2 3-4 5-6 7-8)

Main Dance(Part A:32 counts, Part B:32 counts, Tag:16 counts)

*Sequence: A-A-B-A-A-A-B-A-Tag-B-A-Tag

Part A

S1) R diagonal fwd, touch, L diagonal fwd, touch, R diagonal back, touch, L diagonal, back, touch

- 1-2 3-4 R diagonal fwd(1), L touch next to R(2), L diagonal fwd(3), R touch next to L(4)
5-6 7-8 R diagonal back(5), L touch next to R(6), L diagonal back(7), R touch next to L(7)

S2) kick-ball-side point, kick-ball-side-point, fwd mambo/back with L toe out, coaster

- 1&2 3&4 R kick(1)-ball(&), L side point(2), L kick(3)-ball(&), R side point(4)
5&6 7&8 R fwd rock(5)/recover(&), back & L toe out(6), L back(7), R together(&), L fwd(8)

S3) fwd, 1/4R point, sailor, sailor, back rock & low hitch, recover, back & hitch

- 1-2 3&4 R fwd(1), 1/4R L side point(2)(3:00), L behind(3), R side(&), L side(4)
5&6 R behind(5), L side(&), R side(6),
7&8 L back rock & R low hitch(7), R recover(&), L back & R hitch(8)

S4) fwd, 1/2L hip roll, fwd, 1/4L hip roll, cross rock/recover, side, cross rock/recover, side

- 1-2 3-4 R fwd(1), 1/2L hip roll(2)(9:00), R fwd(3), 1/4L hip roll(4)(6:00)
5&6 7&8 R cross over L(5), recover(&), R side(6), L cross over R(7), recover(&), L side(8)

Part B

S1) Charleston step (twice)

- 1-2 3-4 R fwd touch(1), R back(2), L back touch(3), L fwd(4)
5-6 7-8 R fwd touch(5), R bock(6), L back touch(7), L fwd(8)

S2) (side & hip push back, touch) R-L (twice)

- 1-2 R side & hip push back(1), L touch beside R(2),
3-4 L side & hip push(3), R touch beside L(4)
5-6 R side & hip push back(5), L touch beside R(6),
7-8 L side & hip push(7), R touch beside L(8)

S3) R side, swivel(R-center), back mambo, L side, swivel(L-center), back mambo

- 1&2 3&4 R side(1), heels swivel R(&)-center(2), R back rock(3)/recover(&), together(4)
5&6 7&8 L side(5), heels swivel L(&)-center(6), L back rock(7)/recover(&), together(8)

S4) fwd, 1/4L hip roll, fwd, 1/4L hip roll, diagonal fwd touch & R swivel out-in(3 times), touch

- 1-2 3-4 R fwd(1), 1/4L hip roll(2), R fwd(3), 1/4L hip roll(4)
5&6 7& 8 R fwd touch R heel swivel out-in(3times)(5&6&7&), R touch beside L(8)

Tag(16 counts)

S1) 1-8 R dip side point(1), R drag toward L(2-7), R together next to L(8)

S2) 1-8 L dip side point(1), L drag toward R(2-7), L together next to R(8)

Enjoy the dance!!!!

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