

Beach Party 2022

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Shirley Bang (MY) & Penny Tan (MY) - April 2022
音樂: Sex On The Beach (Rinaldo Montez Remix) - T-Spoon



Dance starts from vocal (approx. 2& count from heavy beat) *No Tag No Restart

SEC1:SIDE, BEHIND, SIDE , HEEL TOUCH , SHOULDER POP UP DOWN (R-L), SIDE, BEHIND ,1/4 FWD SHUFFLE

1-2 Step RF to R , step LF behind RF
&3&4 Step RF to R, touch LF diagonally fwd , shoulder pop up -down
5-6 Step LF to L , step RF behind LF
7&8 1/4 turn L , Fwd shuffle L-R-L(9:00)

SEC2:DIAGONAL FWD , LOCK BEHIND,DIAGONAL FWD LOCK SHUFFLE (R-L)

1-2 Step RF fwd diagonally R ,lock LF behind RF
3&4 Step RF fwd diagonally R ,lock LF behind RF, step RF fwd diagonally R
5-6 Step LF fwd diagonally L, lock RF behind LF
7&8 Step LF fwd diagonally L, lock RF behind LF,step LF fwd diagonally

SEC3: ¼ TURN R MONTEREY , SIDE MAMBO STEP (R-L)

1-2 Touch R toe to R , ¼ turn R , step RF beside LF (12:00)
3-4 Touch L toe to L , step LF beside RF
5&6 Rock RF to R , recover on L , step RF beside LF
7&8 Rock LF to L, recover on R , step LF beside RF

SEC4:FWD MAMBO, BACK MAMBO,1/8 PIVOT TURN L (X2)

1&2 Step RF fwd ,recover on L ,step RF back
3&4 Step LF back,recover on R,step LF fwd
5-6 1/8 L turn ,rock RF fwd, step down LF with hip sway,
7-8 1/8 L turn, rock RF fwd, step down LF with hip sway (9:00)

Have fun and Happy dancing!

Contacts:

pennytanml@hotmail.com

shirleybsl@hotmail.com

Last Update - 7 Apr 2022