

Hippy Hippy Shake AB

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner / Improver
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音樂: Hippy Hippy Shake - The Swinging Blue Jeans



Written for Sherbrooke U3a
Alt Music Hippy Hippy Shake (Faster Music)

S 1 (1 - 8) DIAG FORWARD TOE STRUTS, SLAP BOTTOM BOUNCE 4 COUNTS

- 1-2 Pick Up Right Foot Right Toe Diagonally Forward Drop Right Heel
- 3-4 Pick Up Left Foot Step Left Toe Diagonally Forward , Drop Left Heel
- 5-6 Bounce Hips Back, To Right Side
- 7-8 Cont Bounce Hips In A Half Circle Bounce Forward, Bounce to Left Side Weight On Left

Styling Option , Slap Right Butt Cheek on Count 2 and 4 Looking over Right Then Left Shoulder
To Take Out Bounces Back Toe Struts Right Back , Left Beside Right

HARDER STYLING OPTION 2 JUMPS FORWARD AND 2 JUMPS BACK ON COUNTS 1-4 (&1-2&34)

S 2 (9 -16 FORWARD TOUCH, BACK TOUCH, VINE, TOUCH

- 1-2 Step Right Diagonally Forward Bending Knee Slightly (1.30) Touch Left Beside Right
- 3-4 Step Left Back,(1.30 Touch Right Beside Left
- 5-6 Right Step Right Side, Cross Left Behind Right
- 7-8 Step Right Side, Touch Left Beside Right (Change to Step Left Beside Right on Restarts

Restart Need Step Change Count 16 To Step Right Beside Left

S 3 (17 - 24) FORWARD TOUCH, BACK TOUCH, VINE ¼ Left TOUCH,

- 1-2 Step Left Diagonally Forward Bending Knee Slightly, Touch Right Beside Left
- 3-4 Step Right Diagonally Back Touch Left Beside Right
- 5-6 Step Left Side, Cross Right Behind Left
- 7-8 Turn ¼ Left Step Left Forward Touch Right Beside Left - 3.00

S 4 (25 - 32) DOUBLE HIPS, SINGLE HIPS R,L,R,L/Knee Pops

- 1-2 Step Right Side Bumping Hips Right Side Twice
- 3-4 Transfer Left Side Bumping Hips Left Side Twice
- 5-6 Transfer to Right Bump Hips Once, Bump Hips Left Once
- 7-8 Transfer To Right Bump Hips Once, Bump Hips Left Once

Extra arms movements On Hip Bumps

Optional Restart Wall 5 facing 9.00 Dance 15 counts change count 16 to step together

**Ending ** 1/4 Left Cross Right Over Left
Arms Out To Sides and Pose Taadahh**

Watch The Video On Annemaree Sleeth Youtube
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