

Benefit of Doubt

拍數: 28 牆數: 4 級數: Beginner
編舞者: Tomasz & Angela (DE) - April 2022
音樂: Benefit of Doubt - Chris Cummings



Note: The dance begins with the use of the chant - 2 restarts, no tags

S1: Point cross r + l, touch behind 2x, point ½ turn r

- 1-2 Tap right toe on the right - cross right foot over left
- 3-4 Touch the left toe of the left foot - cross the left foot over the right
- 5-6 Tap right toe behind left foot twice
- 7-8 Tap right toe on the right - ½ turn to the right and place right foot on left (6 o'clock)

S2: Point, close, rocking chair, shuffle forward with touch

- 1-2 Tap left toe on the left - place left foot next to right
- 3-4 step forward with right - weight back on left foot
- 5-6 step backwards with the right - weight back on the left foot
- 7 & 8 Step forward with right - put left foot next to right and step forward with right Touch & and left foot next to right

S3: Rock back / kick, stomp 2x, toe-heel-toe swivels, lift behind

- 1-2 jump backwards kick forward with left / right foot - jump back onto the right foot
- 3-4 Stamp the left foot next to the right one twice (without changing weight)
- 5-8 Turn left toe, heel and again toe to the left (weight at the end on the left) - Right foot lift behind left leg

S4: Side - ¼ turn l - hook, shuffle forward

- 1-2 to the right with a right - ¼ turn to the left on the right ball of the foot / lift the left foot and in front of the right shin cross (3 o'clock)

(Restart: In the 6th and 12th round - direction 6 o'clock / 12 o'clock - abort after '1-2' and start over; while on '2':

Move left foot to right)

- 3 & 4 Step forward with left - put right foot next to left and step forward with left

Repeat until the end