

Only One, You

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
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音樂: Solamente una Vez - Natalie Cole



S-1. RUMBA BOX (SHUFFLE) TO R-L

1 2 Step RF to side - Close LF beside RF
3&4 Step RF forward - Close LF beside RF - Step RF forward
5 6 Step LF to side - Close RF beside LF
7&8 Step LF forward - Close RF beside LF - Step LF forward

S-2. CROSS ROCK - CHASSE, PIVOT ¼ TURN R - SHUFFLE

1 2 Cross RF over LF - Recovered on LF
3&4 Step RF to side - Close LF beside RF - Cross RF over LF
5 6 ¼ Turn R Step LF forward - ½ Turn R In place on RF
7&8 Step LF forward - Close RF beside LF - Step LF forward

S-3. BACK ROCK - SHUFFLE, PIVOT ¼ TURN R - CROSS SHUFFLE

1 2 Step RF back - Recovered on LF
3&4 Step RF forward - Close LF beside RF - Step RF forward
5 6 Step LF forward - ¼ Turn R In place on RF
7&8 Cross LF over RF - Step RF to side - Cross LF over RF

S-4. PEDDLE ¼ TURN, JAZZ BOX

1 2 Touch RF toe to R side - Hitch RF knee across LF in turning 1/8 L
3 4 Touch RF toe to R side - Hitch RF knee across LF in turning 1/8 L
5 6 7 8 Cross RF over LF - Step LF back - Step RF to side - Close LF beside RF

Happy Dance :

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