

Can't Go Back to the Past (回不去的从前)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate NC
編舞者: Janet (Zhen Zhen) Ge (CN) - April 2022
音樂: Hui Bu Qu De Cong Qian (回不去的从前) - Zhou Yanying (周延英)



Intro: 24 counts (Approx: 22 Sec)

Section 1 Rock, Together, Back/Sweep, Back/Sweep, 1/4 Sailor step, 1/2 Turn R, Triple L-R-L/Sweep

12& Rock right forward, recover on left, step right together
3 4 Step left back with sweep right from front to back, step right back with sweep left from front to back
5&6 Cross left behind right, 1/4 turn L stepping right next to left, step left forward (9:00)
7 1/2 Turn R stepping right in place (3:00)
8&1 1/2 turn L stepping left in place, step right together, 1/2 turn L stepping left forward with sweep right from back to front

Section 2 Weave/ Sweep, Weave Step, 1/4 Turn Back, 1/4 Turn Side, Point, Samba Step

2&3 Cross right over left, step left to side, cross right behind left with sweep left from front to back
4&5 Cross left behind right, step right to side, cross left over right
6&7 1/4 Turn L stepping right back, 1/4 turn L stepping left to side, point right to side (9:00)
8&1 Cross right over left, step left to side (*Restart), 1/8 turn R recovering on right (10:30)

Section 3 Fwd Shuffle, 1/8 Turn L Rock, 1/4 Turn R Jazz Box, Night Club Step

2&3 Step left forward, step right next to left, step left forward
4& 1/8 Turn L rocking right to side, recover on left (9:00)
5&6& Cross right over left, 1/4 turn R stepping left back, step right to side, cross left over right (12:00)
7 8& Big step right to side, step left behind right, cross right over left

Section 4 3/4 Spiral Turn, Fwd Shuffle, 1/4 Turn Weave Step

1 Step left to side 3/4 turn R weight on left
2&3 Step right forward, step left next to right, step right forward with sweep left from back to front (9:00)
4&5& 1/4 Turn R crossing left over right, step right to side, cross left behind right, step right to side (12:00)
6&7 Cross left over right, recover on right, step left to side (12:00)
8& Step right forward, 1/2 pivot L weight on left (6:00)

Tag1: (4 counts) After on wall 2 (12:00)、 wall 3 (6:00)、 wall 6 (6:00) & wall 7 (12:00)

Rocking Chair Step

1 2 3 4 Rock right forward, recover on left, rock right back, recover on left

Tag2: (2 counts) After on wall 5 (12:00)

Rock Step

1 2 Rock right forward, recover on left

*Restart: After 16 counts on wall 4 and 1/4 turn right facing to 6:00

Contact Email: 93806188@qq.com

