

Syota Ng Iba

拍數: 132 牆數: 1 級數: Phrased Improver
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音樂: Mahirap Magmahal Ng Syota Ng Iba - Apo Hiking Society



Intro: Start on lyrics

Seq: A-A*-B-A-C-Tag-A(24)-D

Part A (32)

SIDE-AND-CROSS (3X), BACK STEP-CLOSE

1&2 Rock R side, recover, cross R over
3&4 Rock L side, recover, cross L over
5&6 Rock R side, recover, cross R over
7-8 Step L back, step R together

SLOW WALK, FORWARD SHUFFLE, STEP-TURN

1-4 Step L forward, hold, step R forward, hold
5&6 Shuffle forward LRL
7-8 Step R forward, pivot 1/2 left

FORWARD-TURN BACK-FORWARD-TURN SIDE PATTERN

1-4 Step R forward, hold, step L forward, pivot 1/2 right
5-8 Step L forward, hold, step R forward, pivot 1/4 left

WEAVE, STEP-TURN-STEP-CLOSE

1-4 Cross R over, step L side, cross R behind, step L side
5-6 Turn 1/4 left and step R forward, pivot 1/2 left
7-8 Step R forward, step L together

Part A* is the mirror routine of part A, leading with the LEFT foot.

Part B (36)

STEP-KICK PATTERN

1-2 Step L side, kick R forward to left
3-4 Step R side, kick L forward to right
5-6 Step L side, kick R forward to left
7-8 Step R side and swivel heels right-left

ANGLED FORWARD SHUFFLES

1&2 Shuffle RLR forward to right
3&4 Shuffle LRL forward to left
5&6 Shuffle RLR forward to right
7&8 Step L forward, pivot 1/2 right, step L forward

STEP-KICK PATTERN

1-2 Step R side, kick L forward to right
3-4 Step L side, kick R forward to left
5-8 Repeat steps 1-4

ANGLED FORWARD SHUFFLES

1&2 Shuffle RLR forward to right
3&4 Shuffle LRL forward to left
5-8 Repeat steps 1-4

STEP-TURN, STEP-CLOSE

- 1-2 Step R forward, pivot 1/2 left
3-4 Step R forward, step L together

Part C (32)**SIDE-AND-CROSS PATTERN**

- 1&2 Rock R side, recover, cross R over
3&4 Rock L side, recover, cross L over
5-8 Repeat steps 1-4

SIDE-AND-CROSS, BACK STEP-CLOSE, STEP-TURN

- 1&2 Rock R side, recover, cross R over
3-4 Step L back, step R together
5-8 Step L forward, hold, cross R over, unwind 1/2 left

SAME ROUTINE AS THE PRECEDING TWO SECTIONS

- 17-32 Repeat steps 1-16 leading with the LEFT foot

Part D (32)**CROSS, SIDE-BEHIND-SIDE-CROSS-SIDE-TOUCH-SWING**

- 1 Cross R over
2-5 Step L side, cross R behind, step L side, cross R over
6-8 Step L side, touch R toe behind, hold (swing arms to left)

HOLD, SIDE-BEHIND-SIDE-CROSS-SIDE-TOUCH-SWING

- 1 Hold (swing arms to right)
2-5 Step R side, cross L behind, step R side, cross L over
6-8 Step R side, touch L toe behind, hold (swing arms to right)

HOLD, SIDE-BEHIND-SIDE-CROSS-SIDE-TOUCH-SWING

- 1 Hold (swing arms to left)
2-5 Step L side, cross R behind, step L side, cross R over
6-8 Step L side, touch R toe behind, hold (swing arms to left)

HOLD, SIDE-BEHIND-SIDE-CROSS, BACK-TURN-CLOSE

- 1 Hold (swing arms to right)
2-5 Step R side, cross L behind, step R side, cross L over
6-8 Touch R back, unwind 1/4 right, step L together

TAG (12)

- 1-4 Turn 1/4 right and step L forward, hold, step R forward, pivot 1/2 left
5-8 Step R forward, hold, step L forward, pivot 1/2 right
9-12 Step L forward, hold, step R forward, pivot 1/4 left

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