

Earth Saving Boogie

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Easy Improver
編舞者: Helaine Norman (USA), Lilly Lee (TW) & Linda Yu (TW) - April 2022
音樂: Don't Throw It Away - Keb' Mo'



This dance was choreographed in honor of Earth Day this year on April 22, 2022, and for the advocacy of taking care of the beautiful home we all share, our earth.

Intro: 16 - Restarts: 1

I. Heel Struts Forward X2, Rock Recover, Back Coaster

1-4 Touch RF heel forward, drop RF toes; touch LF heel forward, drop LF toes
5-6 Rock RF forward, recover to LF
7&8 Step RF back, step LF together, step RF forward

II. Toe Strut, Cross Toe Strut, Rock Recover, Behind, Side, Cross

1-4 Touch LF toes side to L, drop LF heel; touch RF toes Cross L, drop RF heel
5-6 Rock LF to L, recover to RF
7&8 Step LF Behind To R, Step RF To R Side, Cross LF Over RF

***ENDS HERE AT 12:00 DURING 6TH WALL. POSE.**

III. Step Kick, Coaster; Monterey Turn ¼ Right, (3:00)

1-2 Step RF forward , kick LF forward
3&4 Step LF back, step RF together, step LF forward
5-8 RF Touch To R Side , 1/4 turn Right RF Close To LF, LF Touch To L Side , LF Close To R

IV. Lindy, 1/2 Mambo Turn, Clap (9:00)

1&2 Step RF side, step LF together, step RF side
3-4 Rock LF back, recover to RF
5-8 Step LF forward, recover to RF make ½ turn left, step LF forward, clap hands

***RESTART: DURING 5TH WALL FACING 9:00**

V. Temptations With Claps

1-2 Rock RF (diagonally forward) to right corner, recover to LF
3-4 Rock RF (diagonally forward) to right corner, clap hands
5-6 Rock LF (diagonally forward) to left corner, recover to RF
7-8 Rock LF (diagonally forward) to left corner, clap hands

VI. ¼ Pivot Turn, ¼ Pivot Turn, Jazz Box (3:00)

1-2 Step RF forward, make ¼ pivot turn and step LF
3-4 Step RF forward, make ¼ pivot turn and step LF
5-8 Step RF over, step LF back, step RF side, step LF together

REPEAT

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