

Me Freddie and Jake

COPPERKNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Adelhardt Holgersen (DK) - March 2022
音樂: Me and Freddie and Jake - Dale Watson



#16 count intro. Start on vocal

Side, Together, Shuffle forward, Rock Recover, Shuffle ½ turn Left.

1-2 Step R to Right side, Step L together with R.
3&4 Shuffle Fwd. R-L-R.
5-6 Rock Fwd.on L, Recover on R.
7&8 Shuffle ½ turn Left.

Shuffle forward, Rock Recover, Coaster, ¼ turn Left.

1&2 Shuffle Fwd. R-L-R.
3-4 Rock Fwd.on L, Recover on R.
5&6 Step back L, Step R back together w L, Step L Fwd.
7-8 Step Fwd. on R. Make ¼ turn L. (3:00)

Right heel hook, Heel flick, Shuffle forward, Rock Recover, Shuffle ½ turn Left.

1&2& Touch R heel Fwd, Hook R in front of L shin. Touch R heel Fwd, Flick R foot back.
3&4 Shuffle Fwd. R-L-R.
5- 6 Rock Fwd. on L, Recover on R.
7&8 Shuffle ½ turn Left. (9:00)

Right chasse, Rock Recover, Walk left-right, Stomp left forward, Twist heels.

1&2 Step R to R side, Close L beside R. Step R to R side.
3-4 Rock back.on L, Recover on R.
5-6 Walk Fwd. on L - R.
7&8 Stomp Fwd. on L, Twist both heels L, Return to center.

REPEAT

Tag : At the end of wall 3, make an extra twist.

1-2 Twist both heels L, Return to center

NOTE : At the end of section 4, when you twist, bend and stretch the legs at count & 8