Insha Allah



編舞者: Inne (INA), Maya Puspita (INA) & Rani (INA) - March 2022

音樂: Insha Allah (feat. Fadly "Padi") - Maher Zein



SEQUENCE: A-B-B-A-B-B-A(32counts)-Tag-A-B-B-B-B(Ending)

Intro 32 Counts

• Part A (48 counts)

I. CROSS ROCK, CHASSE, 1/2 TURN CROSS, BACK, CHASSE

1,2	Cross RF over LF, Recover onto LF

3 & 4
Step RF to R, Close LF next to RF, Step RF to R
5, 6
Cross LF over RF, Make ¼ turn L Stepping RF back

7 & 8 Make ¼ turn L Stepping LF to L, Close RF next to LF, Step LF to L (06.00)

II. CROSS ROCK, CHASSE, ¼ TURN CROSS, BACK, CHASSE

1,	2	Cross RF over LF, Recover onto LF
Ι,	_	CIUSS NI UVEI LI , NECUVEI UIILU L

3 & 4
Step RF to R, Close LF next to RF, Step RF to R
5, 6
Cross LF over RF, Make ¼ turn L Stepping RF back
7 & 8
Step LF to L, Close RF next to LF, Step LF to L (03.00)

III. STEP, SIDE ROCK CROSS, ROCK FWD, ½ TURN, WALK

1 , 2&	Step RF fwd, Rock LF to L, Recover onto RF
3,4&	Cross LF over RF, Rock RF to R, Recover onto

5, 6 Rock RF fwd, Recover onto LF

7,8 Make ½ turn R Walking fwd RF, LF (09.00)

IV. STEP, SIDE ROCK CROSS, 1/4 TURN CROSS SHUFFLE

1,2&	Step RF fwd, Rock LF to L, Recover onto RF
3,4&	Cross LF over RF, Rock RF to R, Recover onto LF
5,6	Step RF fwd, Make ¼ turn L Stepping LF in place (06.00)
7 & 8	Cross RF over LF, Step LF to L, Cross RF over LF

V. STEP SIDE, CROSS BEHIND, SWEEP, SIDE, CROSS ROCK, BIG STEP SIDE, TOUCH

1,2	Step LF to L, Cross RF behind LF
3,4	Sweep LF front to back, Step RF to R
5,6	Cross LF over RF, Recover onto RF

7,8 Make a big Step LF to L, Touch RF next to LF

VI. BACK ROCK, 1/2 TURN, BACK ROCK, SWAY

1,2	Rock RF back, Recover onto LF
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3, 4 Make ½ turn L Stepping RF back, Recover onto LF

5, 6 Rock RF back, Recover onto LF

7,8 Step RF to R Sway R,L

• Part B (16 counts)

I. CROSS ROCKS, ROCK FWD, CLOSE, ROCK FWD, CLOSE

1,2&	Cross RF over LF, Recover onto LF, Step RF to R
3,4&	Cross LF over RF, Recover onto RF, Step LF to L
5,6&	Rock RF fwd, Recover onto LF, Close RF next to LF
7 . 8&	Rock LF fwd. Recover onto RF. Close LF next to RF

II. DOROTHY R, DOROTHY L, PIVOT 1/2 TURN, WALK

1,2&	Step RF diagonal fwd, Lock LF behind RF, Step RF diagonal fwd
3,4&	Step LF diagonal fwd, Lock RF behind LF, Step LF diagonal fwd
5,6	Step RF fwd, Make ½ turn L Stepping LF fwd
7,8	Walking fwd on RF, LF

• TAG (4 counts) WALKS, TOUCH

1 - 4 Make ½ turn L Walking LF, RF, LF, Touch RF to R

• ENDING : Make ½ turn L Touch RF to side then pose.

HAPPY DANCING!!!

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