

Bad Habits Leads to You (P)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jane F Schmidt (DK) - March 2022
音樂: Bad Habits - Ed Sheeran : (iTunes)



Based on Beginner Line dance by: Lene Mainz Pedersen (DK)

Intro: 16 counts (Start in sweetheart)

[1-8] STOMP R, SWIVEL R HEEL R & L, KICK R, BACK ROCK, 1/4 L CHASSE R

1,2,3,4 Stomp R to R diagonal (lean fw), Swivel R foot to R, Swivel R foot back to center, Kick R foot to R diagonal

5,6 7&8 Rock back on R, Recover on L Turn 1/4 L step R to R side, Step L beside R, Step R to R side

[9-16] BEHIND, 1/4 SIDE, SHUFFLE FORWARD, ROCKING CHAIR

1,2,3&4. Cross L behind R, turn 1/4 step R step R forward, L forward, slide R together, L forward

5,6,7,8. Rock R forward, recover back onto L, rock back on R, recover onto L

[17-24]:CROSS POINT X4

1,2,3,4 Cross R in front of L, Point L to L side, Cross L in front of R, Point R to R side ,

5,6,7,8 R in front of L, Point L to L side, Cross L in front of R, Point R to R side

[25-32] JAZZ 1/2 R X2

1 - 4 Cross R in front of L, stepping back on L, turn 1/2 Step R to R forward, Step L beside R

5 - 8 Cross R in front of L, stepping back on L, turn 1/2 Step R forward, Step L beside R*** at 5 wall tag ***

TAG after 5. Wall (3:00) - 4 count tag: Applejacks (or optional - do 2 heel splits)

1 - 4 Move Left Toe And Right Heel To The Left, Move Them Back To Center, Move Right Toe And Left Heel To The Right, Move Them Back To Center (weight on L)

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