

I Know Who It Is

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sheila Pfaff (USA) - March 2022
音樂: I Know Who It Is - Jake Hess : (Album: All of Me; iTunes; Spotify)



Intro: 16 counts - Restarts: 1 easy one

[1-8] STEP, TOUCH, STEP, KICK, BEHIND, SIDE, CROSS, STEP, TOUCH, STEP, KICK, 1/4 TURN L SAILOR STEP

1&2& Step R side right (1), touch L beside R (&), step L side left (2), kick R on right diagonal (&)
3&4 Step R behind L (3), step L side left (&), cross R over L (4)
5&6& Step L side left (5), touch R beside L (&), step R side right (6), kick L on left diagonal (&)
7&8 Cross L behind R turning 1/4 left {9:00} (7), step R side right (&), step L forward side left (8)

[9-16] SHUFFLE FORWARD, CHASE TURN 1/2 R, WEAVE, ROCK SIDE, RECOVER, CROSS, STEP

1&2 Step R forward (1), step L beside R (&), step R forward (2)
3&4 Step L forward (3), pivot 1/2 right shifting weight to R {3:00} (&), step L forward (4)
5&6& Step R side right (5), step L behind R (&), step R side right (6), cross R over L (&)
7&8& Rock R side right (7), recover L (&), step R over L (8), step L side left (&)

(Restart here during 4th repetition.)

[17-24] SHUFFLE FORWARD, SHUFFLE DIAGONALLY L W/ARM MOVEMENTS, 1/4 TURN R & CHASSÉ R, WALK, WALK, WALK, KICK (ARM MOVEMENTS ON WALKS/KICK)

1&2 Step R forward (1), step L beside R (&), step R forward (2)
3&4 Still facing forward, step ball of L forward on left diagonal (push palms of hands up toward left diagonal and push L hip up slightly) (3), step R beside L (bring hands down slightly, palms still facing up/forward) (&), step L forward on left diagonal (push palms of hands up toward left diagonal and push L hip up slightly) (4)
5&6 Step R side right (5), turn 1/8 right & step L beside R {4:30} (&), turn 1/8 right & step R forward {6:00} (6)
7&8& Step L forward (7), step R forward (&), step L forward (8), kick R forward (&)

(While walking forward, slowly bring arms up in front, palms facing up. Arms should be above head by the kick. Drop arms on next step back.)

[25-32] WALK BACK, WALK BACK, WALK BACK, KICK, COASTER STEP, 1/4 TURN R QUICK JAZZ BOX, ROCK SIDE, RECOVER, CROSS ROCK, RECOVER

1&2& Step R back (1), step L back (&), step R back (2), kick L forward (&)
3&4 Step L back (3), step R beside L (&), step L forward (4)
5&6& Cross R over L (5), turn 1/8 right stepping L back {7:30} (&), turn 1/8 right stepping R side right {9:00} (6), cross L over R (&)
7&8& Rock R side right (7), recover L (&), cross rock R over L (8), recover L (&)

BEGIN AGAIN AND ENJOY!!

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