

# Her Strut

**COPPER** **NOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Mike Camara (USA) - March 2022  
音樂: Her Strut - Bob Seger : (Remastered)



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## WALK, WALK, SHUFFLE FWD. STEP L FWD. ROCK BACK R PIVOT L ½ TURN AS YOU SHUFFLE FWD L, R, L

1-2            Walk Fwd. R, L  
3&4            Shuffle Fwd. R, L, R  
5-6            Step L Fwd. Rock Back On R  
7&8            Pivot L ½ Turn, Shuffle Fwd. L, R, L

## WALK, WALK CHARLSTON STEP, LEFT COASTER, RIGHT FWD. SHUFFLE

1-2            Walk Fwd. R, L  
3-4            Swing R Foot Touching In Front, Step Back On Right  
5&6            Left Coaster Step L, R, L  
7&8            Shuffle Fwd. R, L, R

## STEP FWD. PIVOT ½ TURN SHUFFLE FWD. R & L TOE HEEL STRUTS FWD.

1-2            Step L Fwd. Pivot ½ Turn Right  
3&4            Shuffle Fwd. L, R, L  
5-6            Right Toe Heel Strut Fwd.  
7-8            Left Toe Heel Strut Fwd.

## RIGHT SIDE SHUFFLE, ROCK RECOVER, SIDE SHUFFLE L TURNING ¼ LEFT, RIGHT KICK BALL CHANGE

1&2            Side Shuffle Right R, L, R  
3-4            Step L Behind R, Recover on Right  
5&6            Side Shuffle Left With ¼ Turn Left. L, R, ¼ L  
7&8            Right Kick Ball Change, R, R, L

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