

# Running Alone

拍數: 32      牆數: 2      級數: Intermediate  
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音樂: Run To The Hills - Klara Hammarström



## Rock fwd x2, triple step back, rock step

1,2&      Rock fwd on RF, recover weight onto LF, step RF beside LF  
3,4      Rock fwd on LF, recover weight onto RF  
5&6      Step back on LF, step RF beside LF, step back on LF  
7,8      Rock back on RF, recover weight onto LF

**On the 10th wall the TAG comes after this section**

## Triple 1/2 turn L, triple 1/4 turn L, cross, back, weave

1&2      1/4 turn L stepping RF to right side, step LF beside RF, 1/4 turn L stepping back on RF  
3&4      1/4 turn L stepping LF to left side, step RF beside LF, step LF to left side (facing 3:00)  
5,6      Cross RF over LF, step back on LF  
&7      Step RF beside LF, cross LF over RF  
&8      Take a small step with RF to right side, step LF behind RF

**On the 4th wall replace counts &7&8 with 7, 8**

7      1/4 turn R stepping fwd on RF  
8      Step fwd on LF

**Then do the TAG**

## Side rock x2, sailor step x2

1,2&      Rock RF to right side, recover weight onto LF, step RF beside LF  
3,4      Rock LF to left side, recover weight onto RF  
5&6      Step LF behind RF, step RF to right side, step LF in place  
7&8      Step RF behind LF, step LF to left side, step RF in place

## Cross rock, triple 1/4 turn L, step 1/2 turn, walk x2

1,2      Cross rock LF over RF, recover weight onto RF  
3&4      Step LF to left side, step RF beside LF, 1/4 turn L stepping fwd on LF (12:00)  
5,6      Step fwd on RF, 1/2 turn L shifting weight onto LF (now facing 6:00)  
7,8      Step fwd on RF, step fwd on LF

**TAG at the end of wall 2 and wall 6, in the middle of wall 4, after section 1 on wall 10**

## Rocking chair

1,2,3,4      Rock fwd on RF, recover to LF, rock back on RF, recover to LF