

ZOOM Polka

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Easy Intermediate
編舞者: Winnie Yu (CAN) - February 2022
音樂: Pulcinella (Tarantella) - Massimo Siviero : (Tarantella)



Intro: 16 count

Sq: AABB, AAABB, AABB, Ending – 10 count

(Note: This dance can be introduced as a CONTRA dance)

This dance is dedicated to Carefirst 2022 Young At Heart (Virtual) Charity Gala

Part A - 32 count

Section 1: (Heel, Hook, Shuffle Forward) X 2

1- 2, 3&4 Touch R heel forward, hook R over left, step right forward, step left next to right, step right forward
5- 6, 7&8 Touch L heel forward, hook L over left, step left forward, step right next to left, step left forward

Section 2: Rock Fwd, Recover, Shuffle back X 2, Back Rock, Recover

1- 2, 3&4 Rock right forward, recover onto left, step back on right, step left next to right, step back on right
5&6, 7-8 Step back on left, step right next to left, step back on left, step back on right, recover onto left

Section 3: Rock Fwd, Recover, Triple Step, (¼ R Triple Step X 2)

1- 2, 3&4 Rock right forward, recover onto left, step right to right side, step left next to right, step right in place
5&6 Make a ¼ R stepping left to left side, step right next to left, step left in place (3:00)
7&8 Make a ¼ R stepping right to right side, step left next to right, step right in place (6:00)

Section 4: L Touch Out, In, Out, Stomp Together, R Touch Out, In, Out, In

1-4 Touch left to left side, touch left beside right, touch left to left side, stomp left next to right
5-8 Touch right to right side, touch right beside left X 2

Part B – 32 count

Section 1: (Side, Together) x 2, Side Shuffle, Back Rock, Recover

1- 4 Step right to right side, step left next to right, step right to right side, step left next to right
5&6, 7-8 Step right to right side, step left next to right, step right to right side, step back on L, recover onto R

Note: Count 1 – 4 Stomp slightly

Section 2: (Side, Together) x 2, Side Shuffle, Back Rock, Recover

1- 4 Step left to left side, step right next to left, step left to left side, step right next to left
5&6, 7-8 Step left to left side, step right next to left, step left to left side, step back on R, recover onto L

Note: Count 1 – 4 Stomp slightly

Section 3: Repeat Section 1

Section 4: (1/8 L Shuffle Forward) x2 , Walk Around ¼ L, Touch

1&2 Make a 1/8 L stepping left forward, step right next to left, step left forward
3&4 Make a 1/8 L stepping right forward, step left next right, step right forward
5-6 Walk around (L. R. L) ¼ L, touch right beside left

Ending (facing 6:00):- 10 count

(Shuffle Fwd) X 3, Fwd ¼ L, Run Fwd 1/4L, Stomp Fwd

1&2 Step right forward (R diagonal), step left next to right, step right forward (7:30)

- 3&4 Step left forward, step right beside left, step left forward (4:30)
- 5&6 Step right forward, step left next to right, step right forward (6:00)
- 7 Make a $\frac{1}{4}$ left stepping left forward (3:00)
- 8&9 Small run forward (R, L, R) $\frac{1}{4}$ left (12:00)
- 10 Stomp left forward

Have fun & dance with smile !
