

The Gospel Truth

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Kat Nichols (USA) - March 2022
音樂: Praise The Lord (feat. Thomas Rhett) - BRELAND



16 COUNT INTRO - 2 TAGS

[1-8] R SIDE ROCK – RECOVER – CROSS, SIDE ROCK – L SIDE ROCK – RECOVER ¼ TURN L STEPPING BACK, COASTER STEP, STOMP – STOMP – BACK

1&2 Rock R to R Side (1), Recover to L (&), Cross R over L (2)
3&4 Rock L to L Side (3), Recover to R (&), ¼ turn L stepping back on L (4) [9 o'clock]
5&6 Step R Back (5), Step L next to R (&), Step fwd. on R (6)
7&8 Stomp L (7), Stomp R (&) [clap], Step L Back (8) [clap]

Note : 2 claps on counts &8

[9-16] CROSSING TRIPLE, SIDE ROCK – RECOVER ¼ TURN L, SWEEPS X2, R BACK MAMBO

1&2 Pivot ½ Turn R on R (1) [3 o'clock], Step fwd. L (&), Step and Cross R over L making ¼ turn L (2) [6 o'clock]

Optional arm movement: (Roof Raises x2 on counts &2)

3&4 Rock L to L Side (3), Recover Back on R making 1/8 turn (&), Step Back on L making 1/8 turn (4) [3 o'clock]
5,6 Step back on R sweeping L, step back L sweeping R
7&8 Rock back R, recover on L, Step Fwd on R

[17-24] STEP-LOCK, FORWARD SHUFFLE, HOP-HOP-FLICK, SYNCOPATED WEAVE

1-2 Step Fwd on L (1), Lock Step with R - Hitch L Knee (2)
3&4 Step L Fwd (3), Step R next to L (&), Step L Fwd (4)
5&6 Two Foot Jump Three Times – Making a ¼ turn each time, Turning Counter-Clockwise Last Jump Pick Right Heel Up and Flick (12 o'clock)
7&8& Step R to R Side (7), Cross L Behind R (&), Step R to R Side (8), Cross L Behind R (&)

[25-32] SIDE ROCK-RECOVER ¼, ½ TURN, ¼ TURN, HEEL JACK, BALL STEP-CROSS SHUFFLE

1,2 Rock R to R Side (1), Recover Quarter Turn onto L (2) [3 o'clock]
3,4 Step Out R ½ Turn (3) [9 o'clock], Step Out Left ¼ Turn (4) [12 o'clock]
5&6 Step R Behind L (5), Step onto L (&), R Heel Out (6)
&7&8 Step onto R (&), Cross L over R (7), Step R to R Side (&), Cross L over R (8)

TAG 1: END OF WALL 1,

[1-4] ROCK-RECOVER-CROSS, ROCK-RECOVER-CROSS

1&2 Rock R to R Side (1), Recover to L (&), Cross R over L (2)
3&4 Rock L to L Side (3), Recover to R (&), Cross L over R (4)

TAG 2: END OF WALL 2, TAG 3: END OF WALL 5

[1-4] ROCK-RECOVER-CROSS, ROCK-RECOVER-CROSS

1&2 Rock R to R Side (1), Recover to L (&), Cross R over L (2)
3&4 Rock L to L Side (3), Recover to R (&), Cross L over R (4)

[5-8] JAZZ BOX CROSS

5,6,7,8 Cross R over L (5), Step L Back (6), Step R to R Side (7), Cross L over R (8)