

Sloopy

拍數: 32 牆數: 4 級數: Beginner
編舞者: Thomas Haynes (USA) - March 2022
音樂: Hang on Sloopy - The McCoys



(Start on Vocals on the word 'hang')

Cross Rock, Recover, Side Shuffle, Cross Rock, Side Shuffle

1-2- Cross rock right over left, recover on left
3&4- Side Shuffle right, RLR
5-6- Cross Rock left over right, recover on right
7&8- Side shuffle left, LRL

Rock Forward, Shuffle Back, Rock Back, Shuffle Forward

1-2- Rock forward on right, Recover on left
3&4- Shuffle back RLR
5-6- Rock back on left, Recover on right
7&8- Shuffle forward LRL

Jazz box Cross with 1/4 turn right, Side Step, Step together, Side Shuffle

1-2- Cross right over left, Step back on left
3-4- Step right forward turning 1/4 turn right, Cross left over right
5-6- Step right to right, Step left next to right
7&8- Side Shuffle to right RLR

Cross rock, Recover, Side Shuffle, left weave

1-2- Cross rock left over right, Recover right
3&4- Side shuffle LRL
5-6- Cross right over left, Step left on left
7-8- Cross right behind left, Step left on left

Start over.....
