

Baby Blue

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Improver
編舞者: Heather Gronow (UK) - March 2022
音樂: You're in the Shadow of My Mind - Chris Raddings



#16 count intro: No tags or restarts

Section 1 : Heel hook (x2) Shuffle fwd, Mambo Fwd, Back lock back

1&2& R Heel fwd, Hook in front of left knee (repeat)
3&4 Shuffle fwd stepping Right, Left, Right
5&6 Rock fwd Left, recover on Right, Step L together
7&8 Step back R, lock L over R, Step back R

Section 2 : Coaster Step, Step Pivot ½, step, Full Turn, Shuffle fwd

1&2 Step back on Left, together with Right, Step fwd Left
3&4 Step fwd Right, Pivot ½ turn to left, Step fwd Right
5 6 Full turn clockwise stepping Left, Right
(alternatively walk forward, Left Right)
7&8 Shuffle fwd stepping Left, Right, Left

Section 3 : Scissors cross, Scissors cross, Side behind shuffle ¼ turn

1 & 2 Rock R to side, recover on L, Cross R over left
3 & 4 Rock L to side, recover on R, Cross L over right
5 6 Step R to right side, Cross L behind
7 & 8 Step R to side, tog with L, Step R to side making ¼ turn to right

Section 4 : Rocking Chair and Rock and Point, Weave Right

1&2& Rock Fwd on Left, rec on R, Rock back L, rec on R
3 & 4 Rock Fwd on L, rec on R, Point L toe to left side
5&6& Step L behind, Step R to side, Step L over right, Step R to side
7 & 8 Step L behind, Step R to side, Step L over right

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