

Irish Son

拍數: 64 牆數: 2 級數: Advanced Polka
編舞者: Conny van Dongen (NL) - March 2022
音樂: Irish Son - Brian McFadden



(S1) KICK-BALL-CROSS, HINGE TURN, LOCK STEP, PIVOT TURN

1&2 RF kick forward, RF together, LF cross
3-4 RF 1/4 turn L and step back, LF side step
5&6 RF step forward, LF cross behind, RF step forward
7-8 LF step forward, 1/2 turn R

(S2) TRIPLE TURN, SAILOR STEP, CROSS-SIDE-HEEL, HOLD, TOGETHER, CROSS

1&2 LF 1/4 turn R side step, RF together, LF 1/4 turn step back
3&4 RF cross behind, LF side step, RF side step
5&6 LF cross, RF side, LF touch heel diag L forw.
7&8 hold, LF together, RF cross

(S3) 1/4 TURN LOCK STEP, PIVOT TURN, ROCK STEP, BACK COASTER STEP

1&2 LF 1/4 turn L step forward, RF cross behind, LF step forward
3-4 RF step forward, 1/2 turn L
5-6 RF step forward, LF replace weight
7&8 RF step back, LF together, RF step forward

(S4) SWITCHES, DOROTHY STEP, PIVOT TURN

1&2& LF touch heel forward, LF together, RF touch toe back, RF together
3&4& LF touch toe in place, LF step in place, RF touch heel forward, RF together
5-6& LF step diag. L forward, RF cross behind, LF step diag. L forward
7-8 RF step forward, 1/2 turn L

(S5) 1/4 TURN LARGE SIDE STEP, HOLD, BEHIND-SIDE-CROSS, SIDE ROCK STEP, BEHIND-SIDE-CROSS

1-2 RF 1/4 turn L and large side step, hold
3&4 LF cross behind, RF side step, LF cross
5-6 RF side step, LF replace weight
7&8 RF cross behind, LF side step, RF cross

(S6) CHASSÉ, 1/4 TURN CHASSÉ, 1/4 TURN CHASSÉ, HOLD, TOGETHER, 1/4 FORWARD

1&2 LF side step, RF together, LF side step
3&4 RF 1/4 turn L side step, LF together, RF side step
5&6 LF 1/4 turn L side step, RF together, LF side step
7&8 hold, RF together, LF 1/4 L step forward

(S7) SYNC. ROCK STEPS, BACK LOCK STEP, FULL TURN, RONDÉ

1-2& RF step forward, LF replace weight, RF together
3-4 LF step forward, RF replace weight
5&6 LF step back, RF cross, LF step back
7-8& RF 1/2 turn R step forward, LF 1/2 turn R step back, RF sweep front to back

(S8) SAILOR STEPS, HEEL SWITCHES, LARGE STEP, TOGETHER

1&2 RF cross behind, LF side step, RF side step
3&4 LF cross behind, RF side step, LF side step
5&6 RF touch heel forward, RF together, LF touch heel forward, LF together

7-8 RF large step forward, LF together

RESTART:

Wall 2: dance up untill count 3 of S5, add (cnt &) RF 1/4 turn R forward, (cnt 4) LF step forward

Wall 4: dance up untill count 8 of S6

TAG: (16 cnts) After wall 3 and 5

CROSS ROCK, CHASSÉ, CROSS ROCK, CHASSÉ 1/4 TURN

1-2 RF step across LF, LF replace weight
3&4 RF side step, LF together, RF side step
5-6 LF step across RF, RF replace weight
7&8 LF side step, RF together, LF 1/4 turn L step forward

CHASSÉ WITH 1/4 TURN 3X, SIDE, TOGETHER, CROSS

1&2 RF side step, LF together, RF side step
3&4 LF 1/4 turn L and side step, RF together, LF side step
5&6 RF 1/4 turn L and side step, LF together, RF side step
7&8 LF 1/4 turn L and side step, RF together, LF cross
