Shivers

拍數: 32

級數: Beginner

編舞者: Jackie Nuzzo (USA) - March 2022

音樂: Shivers - Ed Sheeran

OUT, OUT, BACK, BACK, WALK, WALK

- 1-2 Step RF forward & slightly diagonal, repeat with LF
- 3-4 Step RF back in place, repeat with LF
- 5-6 Step RF forward, hold
- 7-8 Step LF forward, hold

SIDE, TOGETHER, SIDE, TOUCH 2X

- 1-2 Step RF to the right, step LF next to RF
- 3-4 Step RF to the right, touch LF next to RF
- 5-6 Step LF to the left, step RF next to LF
- 7-8 Step LF to the left, touch RF nex to LF

SKATE, SKATE, ROCKING CHAIR

- 1-2 Skate forward & slightly diagonal to the right with RF
- 3-4 Skate forward & slightly diagonal to the left with LF
- 5-6 Rock forward on RF, recover on LF
- 7-8 Rock back on RF, recover on LF

HALF-TURN PIVOT, HOLD, HIP BUMPS

- 1-2 Step forward with RF and do a 1/2 pivot left, putting weight on LF
- 3-4 Step forward with RF, hold
- 5-6 Step LF to the left and do two hip bumps
- 7-8 Do one hip bump to the right, one hip bump to the left

Contact: jaleedance@yahoo.com





牆數:2