

LOVE not WAR

拍數: 32 牆數: 4 級數: Beginner
編舞者: Åsa Gustafsson (SWE) - March 2022
音樂: Love Not War (The Tampa Beat) - Jason Derulo & Nuka



Count in: 32 (or 16 after the heavy beat and they starts to sing.
One tag with resart and a ending.

[1-8]: R diagonally Fwd step L f behind, R shuffle fwd. L same steps

1,2 Step R to right diagonally, step L behind R.
3&4 Step R to right diagonally & L beside R, fwd on R
5,6 Step L to left diagonally, step R behind L
7&8 Step L to left diagonally & R beside L, fwd on L

[9-16]: Cross R over L, step back on L. R chassé. Cross L over R, step back on R. L chassé turn ¼ L (9)

1,2 Step R across L, stepp back on L.
3&4 Step R to right side & L beside R, R to right side.
5,6 Cross L over R, step back on R
7&8 Step L to L side & R beside L, L fwd turning ¼ left (9)

Restart and tag here on wall 8. At 12 O'clock. Sway x4. R,L,R L. Start the dance.

[17-24]: Rock R fwd, shuffle R back. Rock L back, shuffle L fwd

1,2 Step R fwd, weight back on L
3&4 Step R back & L beside R, R back
5,6 Step back on L, weight fwd on R
7&8 Step fwd on L & L beside R, L fwd

[25-32]: Walk, point, walk, point. Sway x 4

1,2 Walk fwd on R, slightly across L. Point L to L side
3,4 Walk fwd on L, slightly across R. Point R to R side
5,6 Step on R swaying R hip to R side, step on L swaying L hip to L side
7,8 Repeat 5,6

Ending at wall 9 (9), do the last sway with a ¼ turn R to the front (12)

Dance and have fun. LOVE not WAR