

It Gets Better

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Jo Rosenblatt (AUS) - 20 February 2022
音樂: I Hate Everything - George Strait : (iTunes)



Start: 16 Count intro, Weight on right

[1-8] Side, Behind-Side-Cross, Side, Rock, Behind-¼ Forward-½ Back, ¼ Side

1 2&3 Step L to left, Step R behind left, Step L to left, Cross R over left
4 5 Step L to left, Side rock onto R
6&7 Step L behind right, Turn 90° right step R fwd (3), Turn 180° right step L back (9)
8 Turn 90° right step R to right (12)

[9-16] Back-Rock-¼ Forward, Step, Paddle, Cross, Hold, Side, Cross, 180 Unwind

1&2 Step L behind right, Rock/Recover onto R, Turn 90° left step L forward (9)
3 4 Step R forward, Turn 90° left step L to left (6)
5 6& Cross R over left, Hold, Step L to left
7 8 Touch R over left, Unwind 180° left leaving weight on R (12)

[17-24] Back, Rock, Together, Forward, Rock, ½ Turn Shuffle, Step, Pivot

1 2& Step L back, Rock forward onto R, Step L next to right
3 4 Step R forward, Rock/Recover back onto L
5&6 Turning 180° right shuffle forward: RLR (6)
7 8 Step L forward, Turning 180° right step R forward (12)

[25 -32] ½ Turn Shuffle, Side-Rock-Back, ½ Turn Shuffle, Cross-Rock-¼ Forward

1&2 Turning 180° right shuffle back: LRL (6)
3&4 Step R to right, Rock/Recover onto L, Step R back
5&6 Turning 180° left shuffle forward: LRL (12)
7&8 Cross R over left, Rock/Recover onto L, Turn 90° right step R forward ^^ (3)

[33-40] Forward, Rock, Back-Lock-Back, Full Turn Back, Back, Rock

1 2 Step L forward, Rock/Recover back onto R
3&4 Step L back, Lock R across in front of left, Step L back
5 6 Turn 180° right step R forward, Turn 180° right step L back (3)
7 8 Step R back, Rock/Recover forward onto L

[41-48] Side, Rock, Sailor Step, Together, Side, Rock, Sailor Step, Together

1 2 Step R to right, Rock/Recover onto L
3&4& Step R behind left, Step L to left, Step R to right, Step L beside right
5 6 Step R to right, Rock/Recover onto L
7&8 ##Step R behind left, Step L to left, Step R to right ##
& Step L beside right

[49-56] Side, Rock, ½ Hinge, Side Shuffle, ¼ Back, ¼ Side, Cross

1 2 Step R to right, Rock/Recover onto L
3 4&5 Turn 180° right step R to right (9), Step L to left, Step R beside left, Step L to left
6 7 8 Turn 90° left Step R back, Turn 90° left step L to left, Cross R over left (3)

RESTARTS:

Walls 3 & Wall 5: after Count 48 ## at 9 o'clock & 3 o'clock respectively.

Wall 6: after Count 32 ^^ at 6 o'clock.

FINISH: Wall 7:

The music slows down at Count 17 so slow the dance down for the next 16 counts.
To finish at the front wall, complete a Cross, Unwind after Count 30.

ENJOY!
