Love Flow Shuffle

拍數: 32

級數: Upper Beginner

編舞者: Jo Rosenblatt (AUS) - November 2021

音樂: Let Your Love Flow - Bellamy Brothers : (Album: Bellamy Brothers)

START: Feet together, weight on left, 16 Count Intro

Forward, Rock, 1/2 Turn Shuffle, Forward, Rock, 1/2 Turn Shuffle

- 1 2 Step R forward, Rock/Recover back onto L
- 3&4 Turn 180° right shuffle forward: RLR
- 5 6 Step L forward, Rock/Recover back onto R
- 7&8 Turn 180° left shuffle forward: LRL

[Note: The ½ Turn Shuffles can be replaced by Shuffle Back and Shuffle Forward]

Paddle Turn, Paddle Turn, Jazz Box Cross

- 1-4 Step R fwd, Turn 90deg left step L to left, Step R fwd, Turn 90deg left step L to left (6)
- 5 6 Step R across in front of left, Step L back
- 78 Step R to right, Step L across in front of right

Side Shuffle, ½ Hinge Side Shuffle, Back, Rock, Diagonal, Scuff

- 1&2 Step R to right, Step L beside right, Step R to side
- 3&4 Hinge turn 180° right step L to left, Step R beside left, Step L to left (12)
- 5 6 Rock R back behind left, Rock/Recover forward onto L
- 7 8 Step R slightly to right diagonal, Scuff L across over right

Cross, Side, Behind, Point, Cross, Side, Behind, ¼ Forward

- 1 2 (Straightening up to the front wall) Cross L over right, Step R to right
- 3 4 Step L behind right, Point R toe to right side
- 5-7 Cross R over left, Step L to left, Step R behind left
- 8 Turn 90deg left step L forward (9)

START DANCE AGAIN IN NEW DIRECTION

Enjoy!!!!





牆數:4